

PSY 1102/1502 Study guide Winter 2019

Chapter 4 – Nature Nurture

Nature and nurture (culture; parents; genes)

Temperament

Natural selection (mechanism; perception of others)

Neural changes (pruning; plasticity)

Collectivist and individualist cultures

Gender differences

Sexual development

Chapter 5 – Development

Development, continuity, and change

Early biological influences (Teratogens; exposure to testosterone)

Synaptogenesis

Attachment

Piaget's stages

Parenting styles

Erikson's identity theory

Adolescence

Old age

Chapter 10 - Intelligence

Factor analysis

Forms of intelligence

Stanford Binet IQ test (also standardization; measuring intelligence over time)

Influences on intelligence (biological and environmental; cognitive)

Chapter 12 - Stress and Health

Stress response (biological; psychological)

Stress and illness (specific personalities and traits)

Coping with stress (different styles)

Interventions on stress and health (exercise; biofeedback)

Chapter 13 – Social Psychology

Fundamental attribution error

Persuasion and changing opinions

Social influences on behaviour

Stereotypes and prejudice

Aggression

Social scripts

Love

Chapter 14 – Personality

Freud's theory

Tests of the unconscious

Maslow's theory and humanistic approaches

Trait theory and inventories

Big Five

Influence of nature and environment on traits

Chapter 15 – Psychological disorders

Dysfunctional behaviours and treatment approaches

DSM-V criticisms

Anxiety disorders

OCD and PTSD

Depression and explanatory styles

Schizophrenia

Dissociative disorders

Eating disorders

Chapter 16 – Therapy

Different approaches to therapy and treatment

Critiques of psychotherapy

Drug, biological, and approaches to treatments of mental health