

What does it mean to think sociologically-

- Everybody has own theories about people and society
- We all will approach situations differently as a result of our different backgrounds
- Sociology provides non-individual explanations

A good way to start thinking sociologically

- To begin questioning taken for granted assumptions about the social world we live in
- Think outside of the box, meaning not to think from only ur experiences

### **Sociology**

- The study of society and social interaction and human society
- Has several theoretical perspectives
- Has different methodologies
- Has different levels of analysis

**Individual problems are often also social problems**

**Our problems tend to be formulated in individual terms**

3 aspects that are important when thinking sociologically:

- History
- Biography
- Social structure

We are all individuals with unique biographies

### **Emile Durkheim(1858-1917)**

- social(non-individual) factors influence the rate of suicide

### **Symbolic Interactionism**

- Things(such as social issues) and people are there for a reason
- Also referred as micro sociology
- How we make sense of people's behaviours and actions
- Reality is created by people thru their interactions
- Focuses on everyday interactions
- Gestures, words, facial expressions, body language, spatial proximity and distance

### **SOCIAL INTERACTIONS**

- Interaction that's social which involves a range of social of social and cultural processes, rules, conventions
- Daily interactions appear easy, its complex and multifaceted

Social interaction is a generative and active process.

- Others' actions will determine our own actions/response to a situation
- Does social media provide an escape for face 2 face convos

