

BPS3102: Principles of Toxicology and Pharmacology

Pharmacokinetics II:

Metabolism – Biotransformation Part 1

- ***Metabolism of xenobiotics***
 - ***Purpose, scope***
 - ***Kinetics***
 - ***Phase I metabolism***
 - ***Phase II metabolism***
 - ***Phase 0/III – transport in and out of cells***

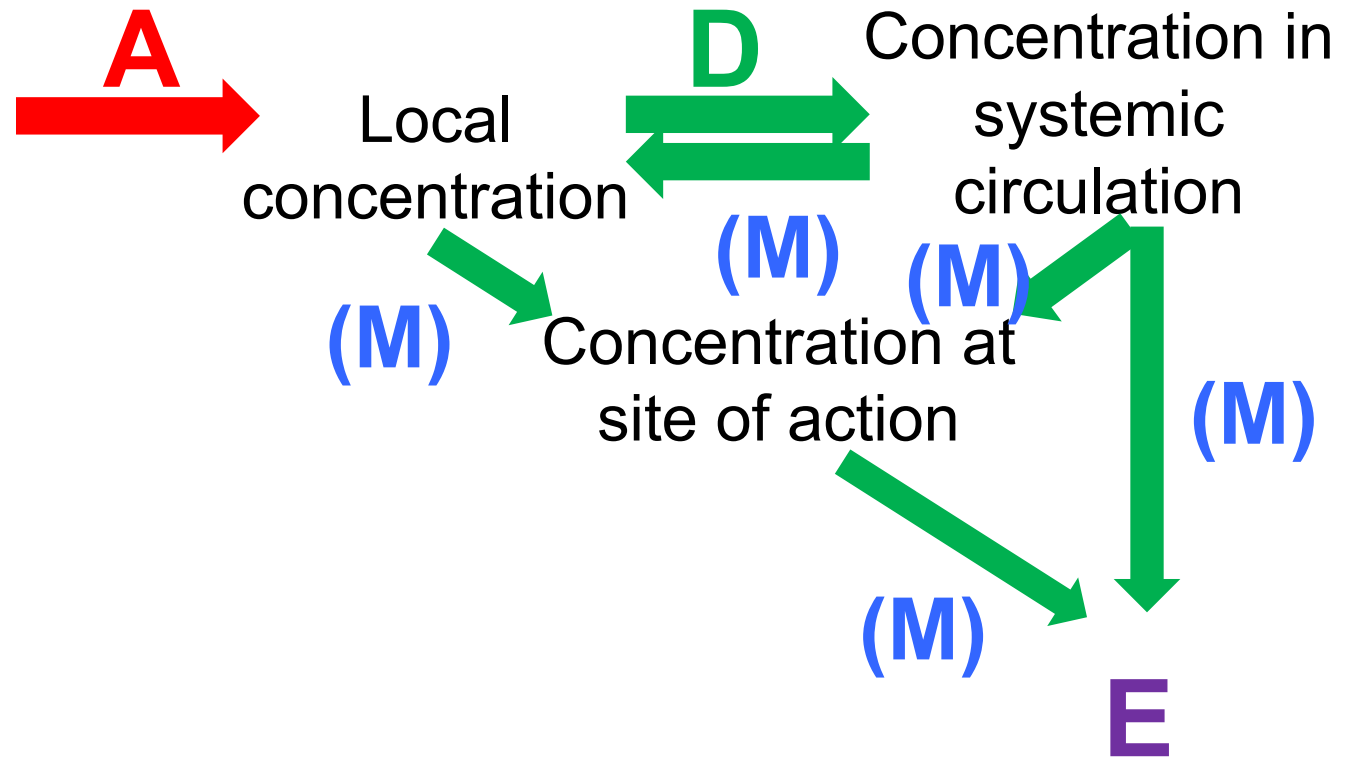
BPS3102: Principles of Toxicology and Pharmacology

Metabolism: Learning objectives

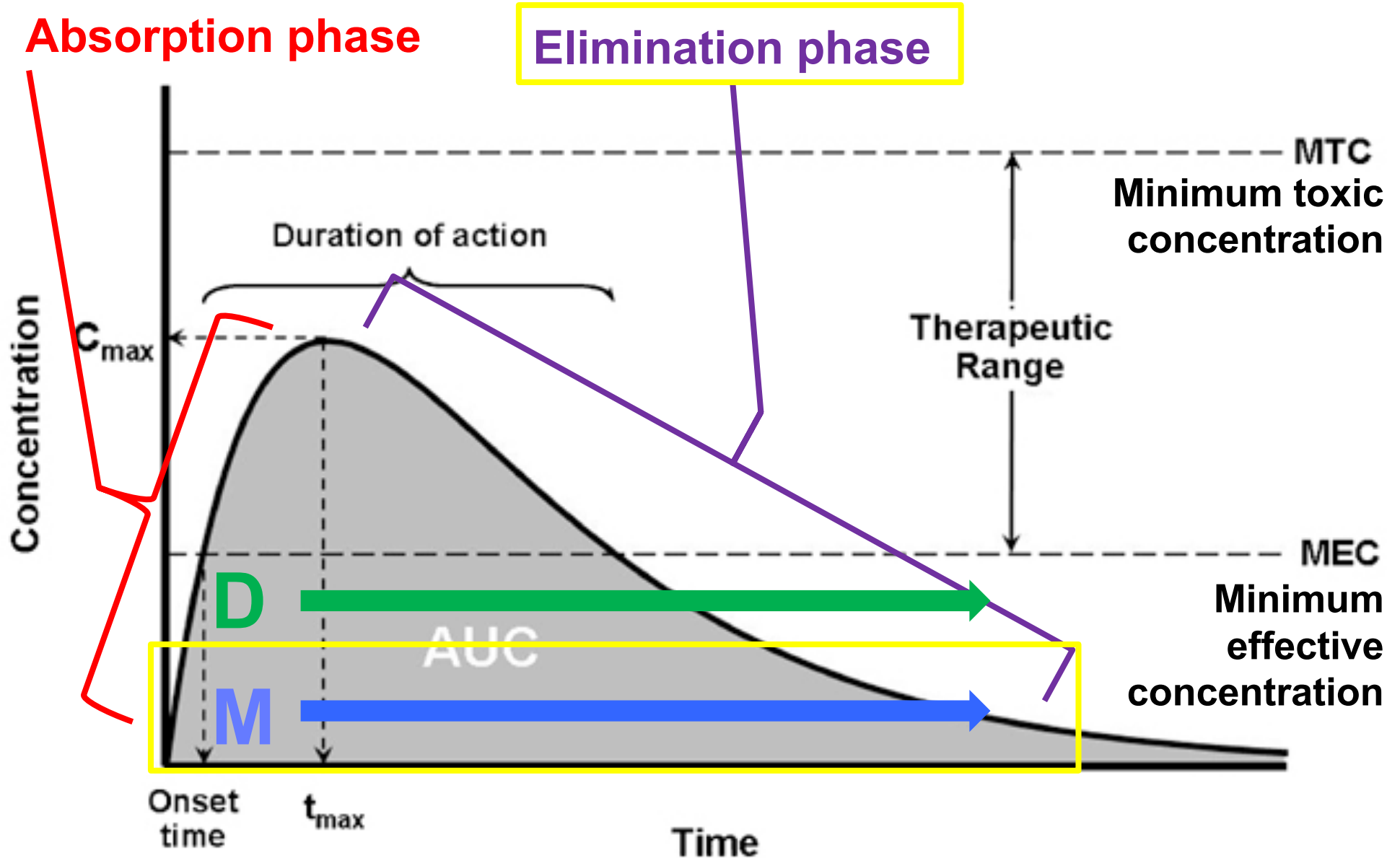
- *To understand and interpret/apply the kinetics of metabolism and the effects of induction and inhibition*
 - *To differentiate between the reactions and enzymes of Phase I and Phase II metabolism*
 - *To predict how the properties of a substance and organism relate to metabolism*
 - *To predict how route of administration/exposure, absorption and distribution relate to metabolism*
- impacts on bioavailability and pharmacodynamics**

Pharmacokinetics

Concentration
at site of
exposure /
administration



PK curve revisited



Today's lecture is dedicated to:

Liver

Detoxification Pathways in the Liver

Toxins
(fat soluble)

Phase 1

Required Nutrients

B Vitamins
Folic Acid
Glutathione
Antioxidants
e.g. Milk Thistle
Carotenoids
Vitamin E
Vitamin C

Phase 2

Required Nutrients

Selenium
Sulphur
Amino Acids:
• Glutamine
• Glycine
• Taurine
• Cysteine

Waste Products

(water soluble)

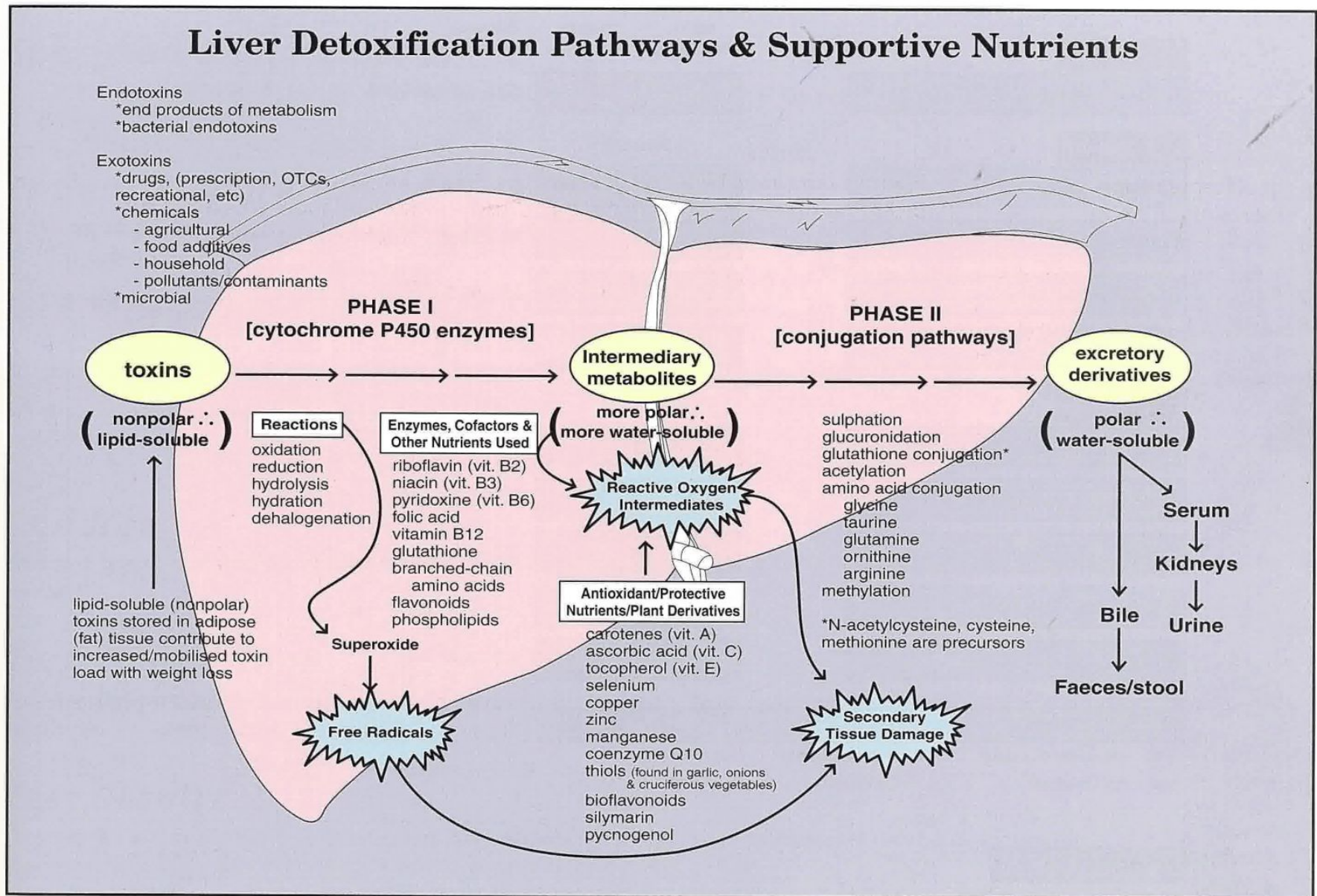
**Eliminated from
the body via:**



Toxin List

metabolic end products, micro-organisms, drugs, alcohol, contaminants/pollutants, insecticides, pesticides, food additives.

Today's lecture is dedicated to:



Xenobiotic metabolism

Primary objective:

- To deactivate and facilitate the elimination of xenobiotics from the body

Primary obstacle:

- Lipophilic nature of xenobiotics
 - how they got in the 1st place!
- Lipophilicity hinders elimination
 - in kidney, lipophilic compounds are largely reabsorbed into systemic circulation
 - hydrophilic compounds excreted in urine

Xenobiotic metabolism

Primary products:

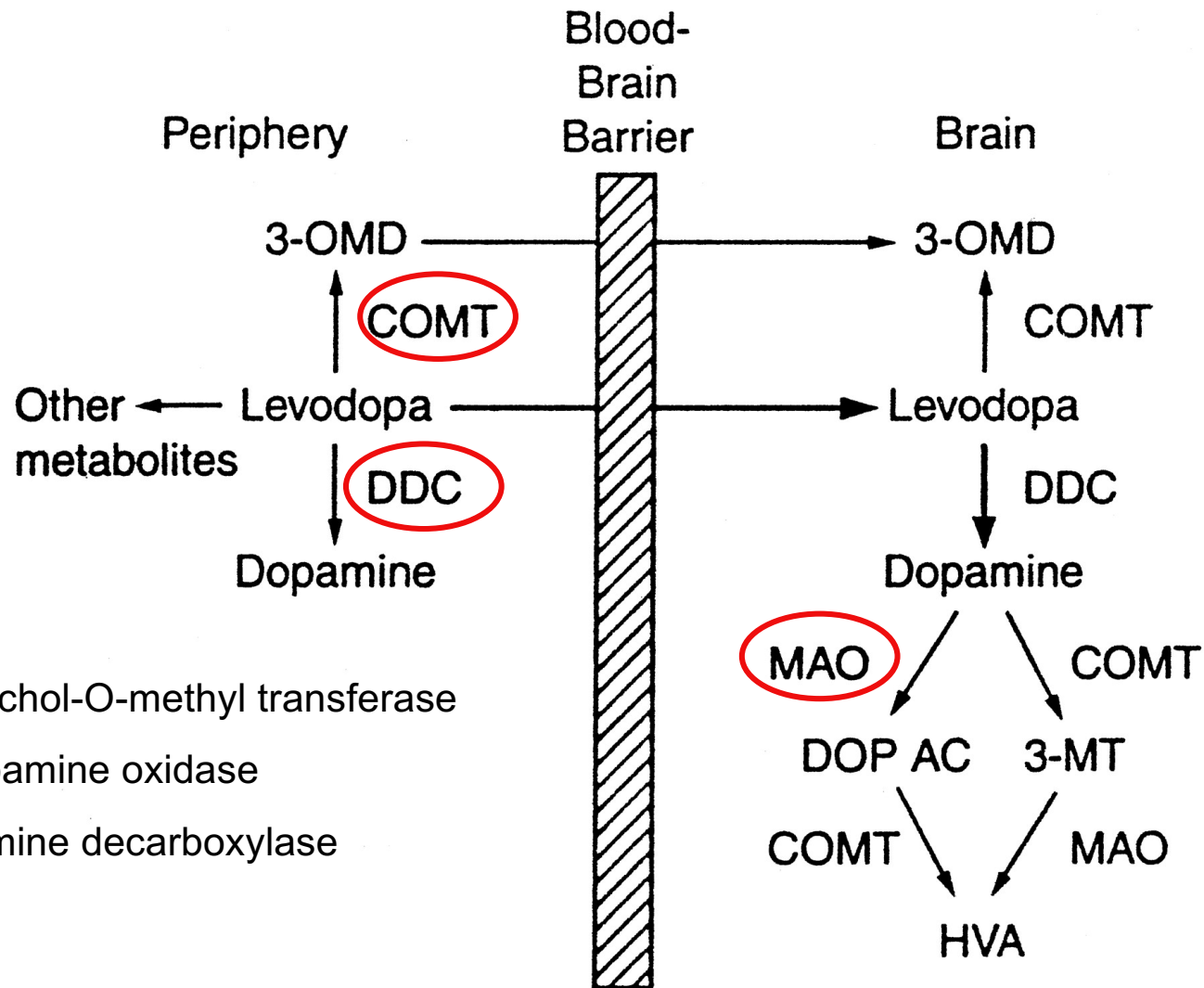
- More polar and/or charged metabolites (water soluble)
- **Inactive metabolites of active substance (most drugs)**
- **Active metabolites of active substances (e.g. digoxin from digitoxin)**
- **Active metabolites from inactive or less active substances (prodrugs/toxins; e.g. levodopa)**
- Also applies to endogenous compounds (e.g. steroids, vitamins, fatty acids, levodopa)

Primary sites (organs):

- **Liver**
- **Small intestine**
- Kidney, lungs, skin, brain...

Xenobiotic metabolism

Prodrug – example : Levodopa



COMT: catechol-O-methyl transferase

MAO: monoamine oxidase

DDC: dopamine decarboxylase

Xenobiotic metabolism – Scope of reactions

Scope of metabolism:

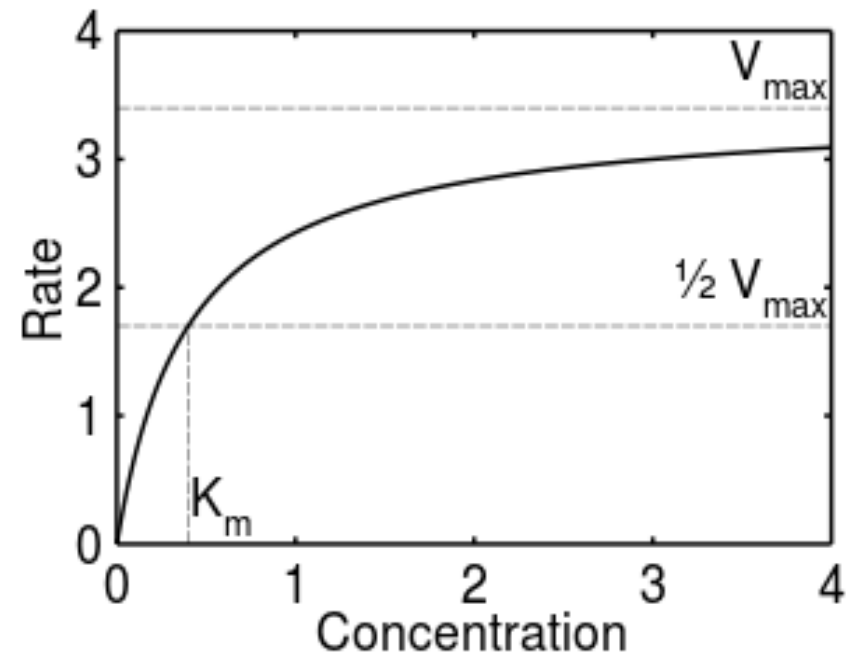
- Oxidation of C, N, S
 - Side-chain, aromatic, deamination
- Reduction – aldehyde (to alcohol), nitro, nitroso, azo (to amino)
- Hydrolysis – amides, esters, epoxides; desulphuration, dehalogenation
- Hydration
- Conjugation – amidation, esterification, etherization, hemiacetal & mixed anhydride formation
- Condensation

Xenobiotic metabolism

Kinetics:

The transformation of most xenobiotics is catalyzed by enzymatic reactions that obey Michaelis-Menten kinetics:

$$v = \frac{V_{\max}[S]}{K_m + [S]}$$



v = reaction rate, $[S]$ = substrate concentration

V_{\max} = maximum rate achieved at saturating substrate concentrations.

K_m = substrate concentration at which the reaction rate is half of V_{\max}

Xenobiotic metabolism

1st order kinetics: reaction rate is proportional to [S] (free/unbound state)

- In most clinical situations, $[S] \ll K$

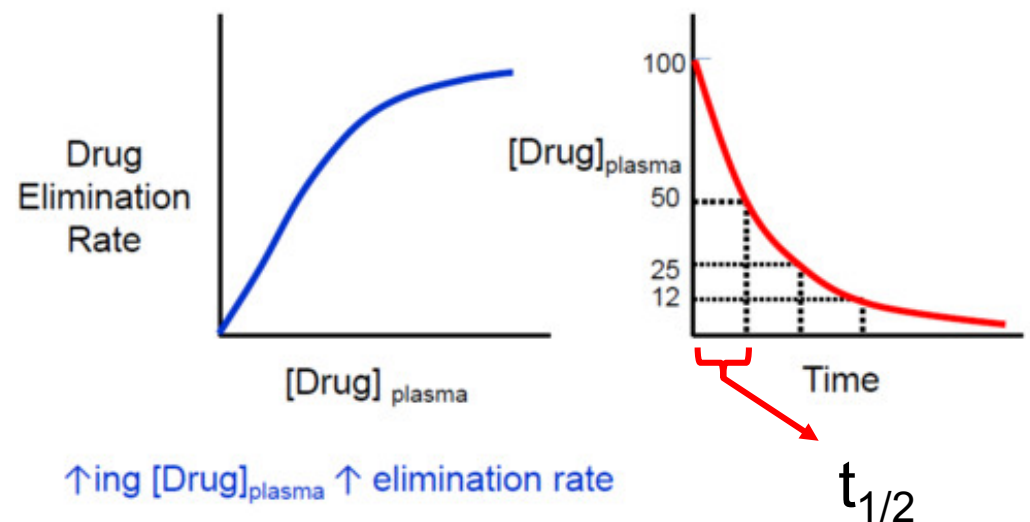
$$v = \frac{V_{\max}[S]}{K_m}$$

- A constant **fraction** of substrate is metabolized per unit time
- Assume that clearance (hepatic or renal) mechanisms are **not** saturated
- $T_{1/2}$ = half-life
 - time required to reduced plasma concentration to $\frac{1}{2}$ its initial value

Kinetics of Elimination of Drugs

First Order Kinetics

Most drugs show 1st order kinetics of elimination

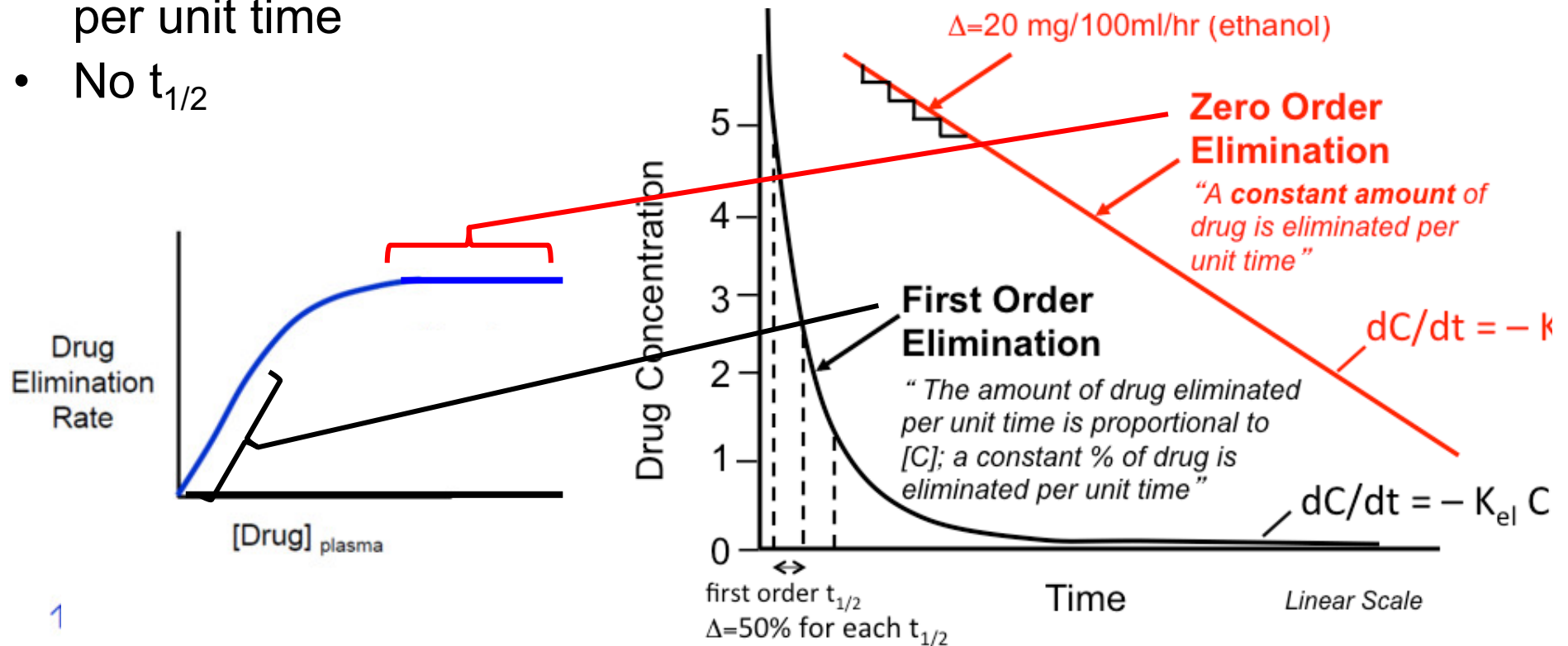


Xenobiotic metabolism

Zero-order kinetics: reaction rate is constant and independent of [S]

- With very large doses, $[S] \gg K$
- A constant **amount** of substrate is metabolized per unit time
- No $t_{1/2}$

$$v = \frac{V_{\max}[S]}{[S]}$$



Rate of absorption

(from site of exposure or administration)

Amount remaining at site

$$-\frac{dx_a}{dt} = k_a(x_a)_t$$
$$(x_a)_t = (x_a)_{t=0} e^{-k_a t} = F x_0 e^{-k_a t}$$

Bioavailability

Dose

The diagram shows the equation $(x_a)_t = (x_a)_{t=0} e^{-k_a t} = F x_0 e^{-k_a t}$. The term F is circled in green, and a callout box labeled "Bioavailability" points to it. The term x_0 is circled in purple, and a callout box labeled "Dose" points to it.

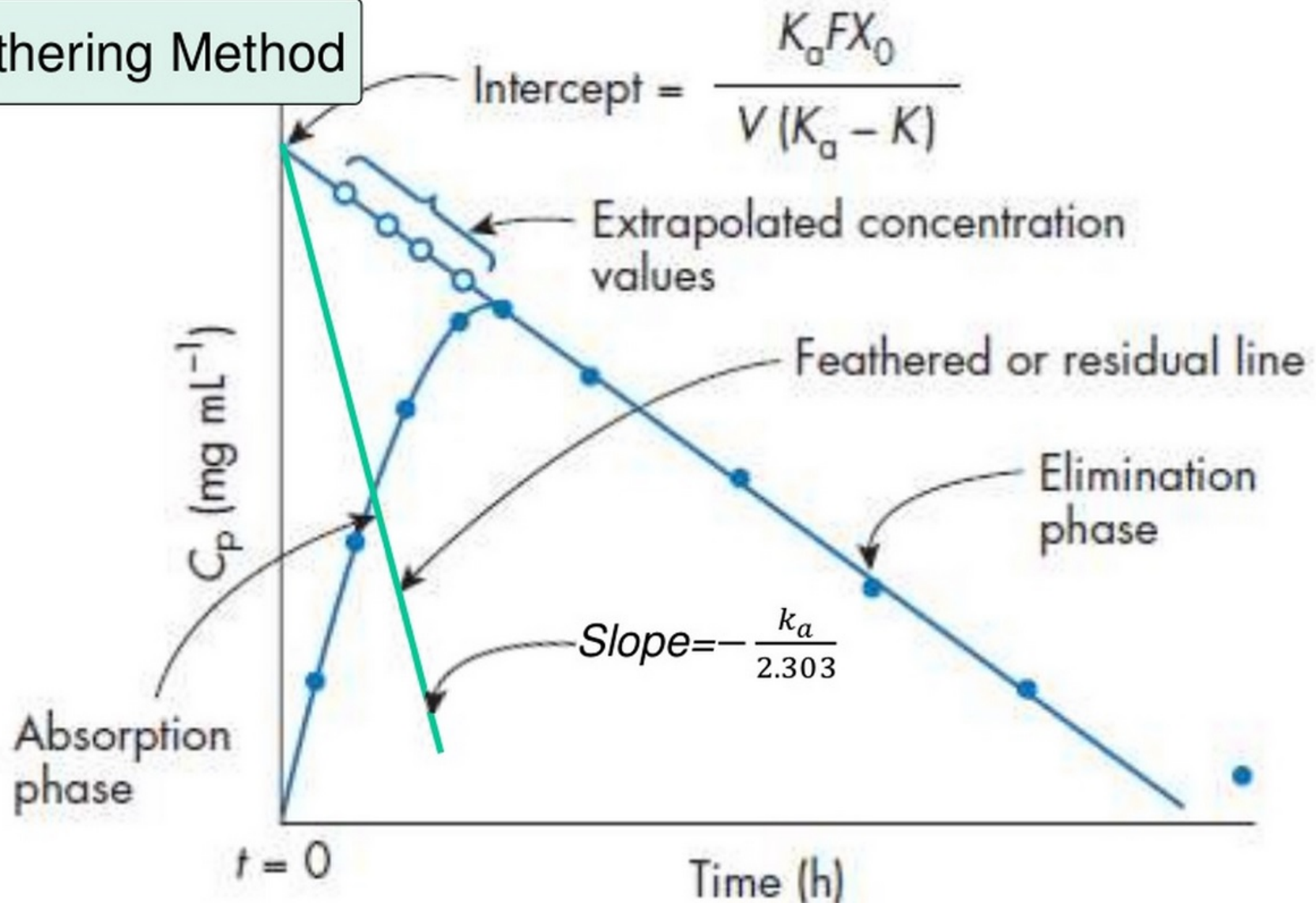
1st order kinetics: reaction rate is proportional to substance concentration

Applies to: passive diffusion, unsaturated facilitated and active processes

Calculation of absorption rate constant

Method of Residuals

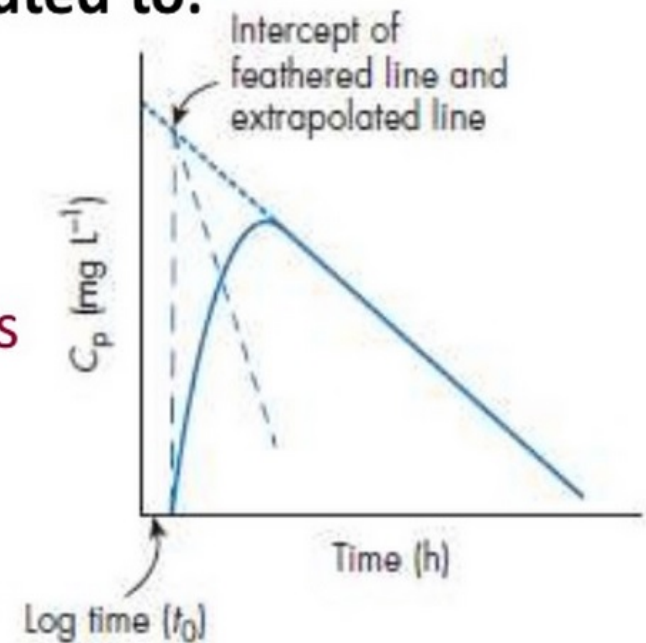
Feathering Method



Delayed absorption

Theoretically, intercepts of the terminal linear portion and the feathered line should be the same; however, sometimes, these two lines do not have the same intercepts, Sometimes absorption starts after administration, this delay may be contributed to:

- Slow tablet disintegration
- Slow and/or poor dissolution
- Incomplete wetting of drug particles
- Poor formula
- Delayed Release formula



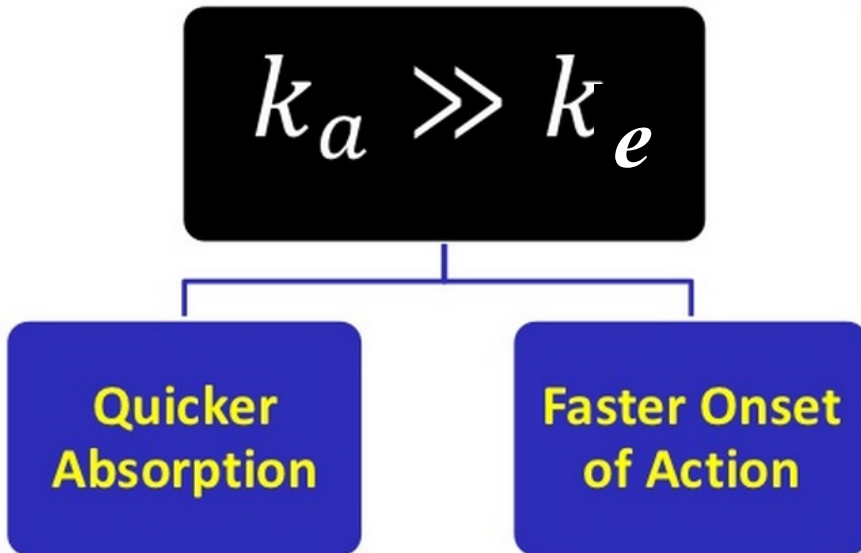
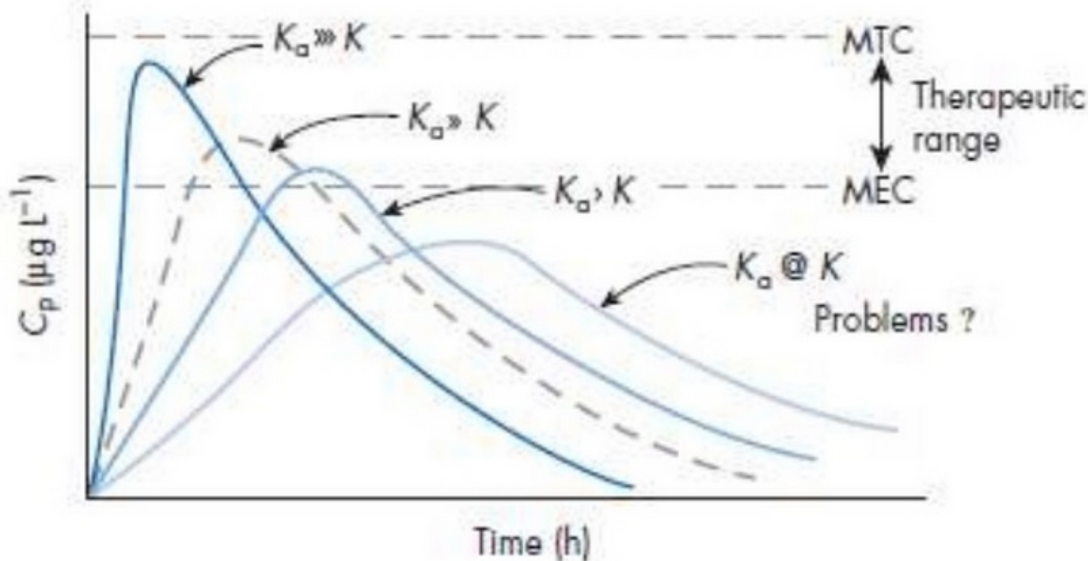
Influence of K_a (and K_e)

Rate Constant

- K_a = absorption rate constant
- K_e = elimination rate constant

k_a for a given drug can change as a result of:

- Changing the formulation
- Changing the dosage form or the extravascular route of administration.
- Administration of a drug with or without food.
- Health of the organism



Phases of metabolism

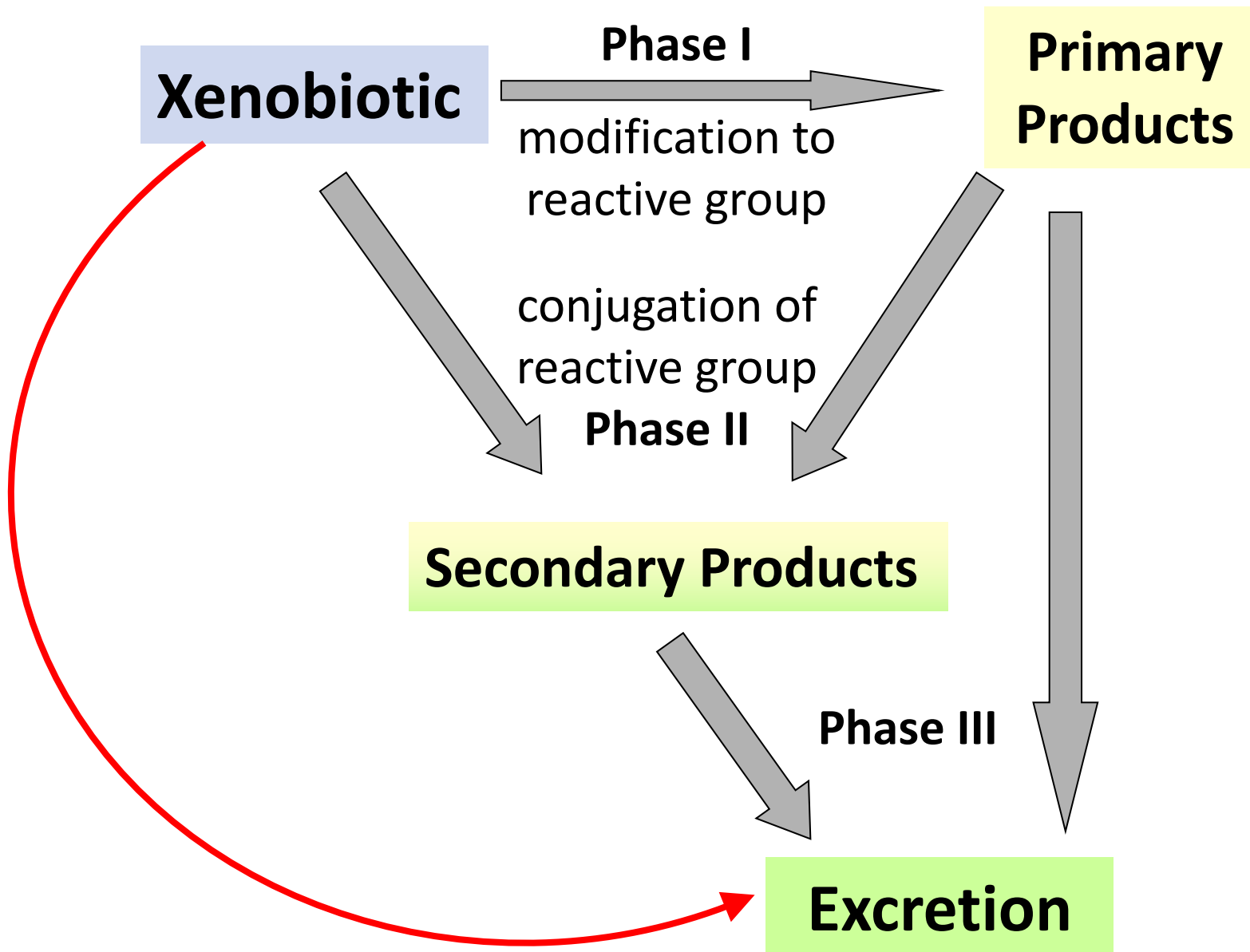
**Phase 0 – transport of xenobiotics into the cell
(uptake pumps)**

**Phase I - metabolic modification (oxidative,
reductive, hydration, hydrolysis,
isomerization)**

Phase II - conjugation

**Phase III – transport of metabolized xenobiotics
(metabolites) out of cells (efflux pumps)
and/or further metabolism**

Phases of metabolism



Phase I & II metabolites

- **Phase I (& II) metabolites** are generally more polar and less-lipid soluble than parent
 - lower penetration into tissues
 - less tubular resorption
- **Phase II (& I) metabolites** are generally less active than parent
 - may retain some activity and toxicity
 - “inactive” at target site does not always mean inactive
 - Phase I metabolites are generally more active / toxic than Phase II metabolites

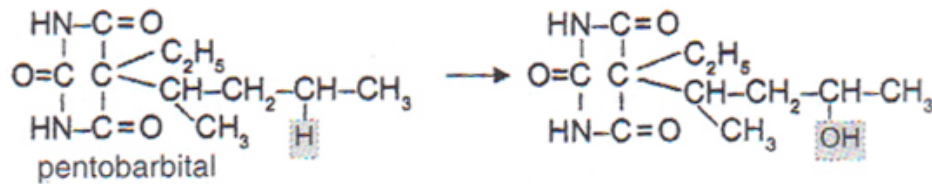
Phase I Enzymes

Are located predominantly in liver cells

- **ER:** rough endoplasmic reticulum – protein synthesis (ribosomes)
smooth endoplasmic reticulum – site of xenobiotic metabolism
- Hepatic microsomes (microsomal fraction of homogenized hepatocytes)
- Abundance and diversity of enzymes with broad specificity
 - **Lipophilic xenobiotics and metabolites (Phase I)**
 - Conjugation (glucoronidation only – Phase II)
- Can be induced and inhibited

Phase I Enzymes

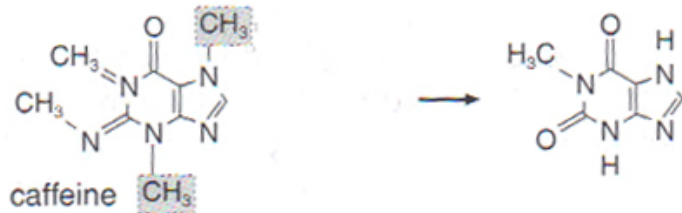
1 Side-chain hydroxylation



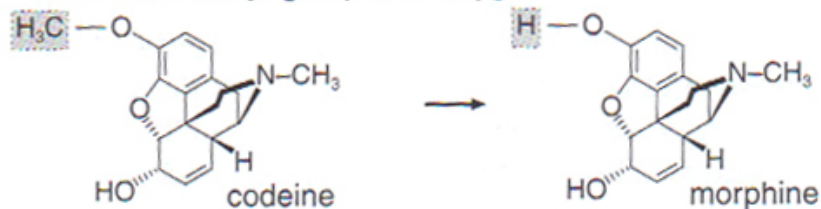
2 Ring hydroxylation



3 Removal of methyl group from ring nitrogen



4 Removal of methyl group from oxygen



5 Oxidation of an amine



6 Removal of -NH₂ group



7 Replacement of sulfur by oxygen



. Oxidative reactions catalyzed by microsomal enzyme systems.

Inducers and Inhibitors

- Many Phase I enzymes can be *induced* or *inhibited*
 - CYP P450 enzymes are important targets (mechanisms) of pharmaco/toxicokinetic interactions

Inducers – substances that elicit increased activity of one or more metabolic enzymes

- ↑ biosynthesis not ↓ degradation
- ↑ biotransformation & ↓ plasma concentration of parent
- ↓ effects if metabolite is inactive or ↑ effects if metabolite is active
- Drugs, natural products, and pollutants

Inducers and Inhibitors

Inhibitors – substances that reduce or inhibit the activity of one or more metabolic enzymes

- *Competitive inhibition*: multiple substances metabolized by the same isozyme (inhibitor is also a substrate)
 - compete for the same active site
 - depends on substance concentration, affinity for the enzyme, and reaction rate
- *Non-competitive & uncompetitive inhibition*: substances do not compete for the same active (inhibitor is not a substrate)
 - binding of inhibitor prevents or slows enzymatic activity
- ↓ biotransformation & ↑ plasma concentration of parent
- ↑ effects (inactive metabolite) or ↓ effects (active metabolite)
- Drugs, natural products, and pollutants

Inducers and Inhibitors

Inhibitors

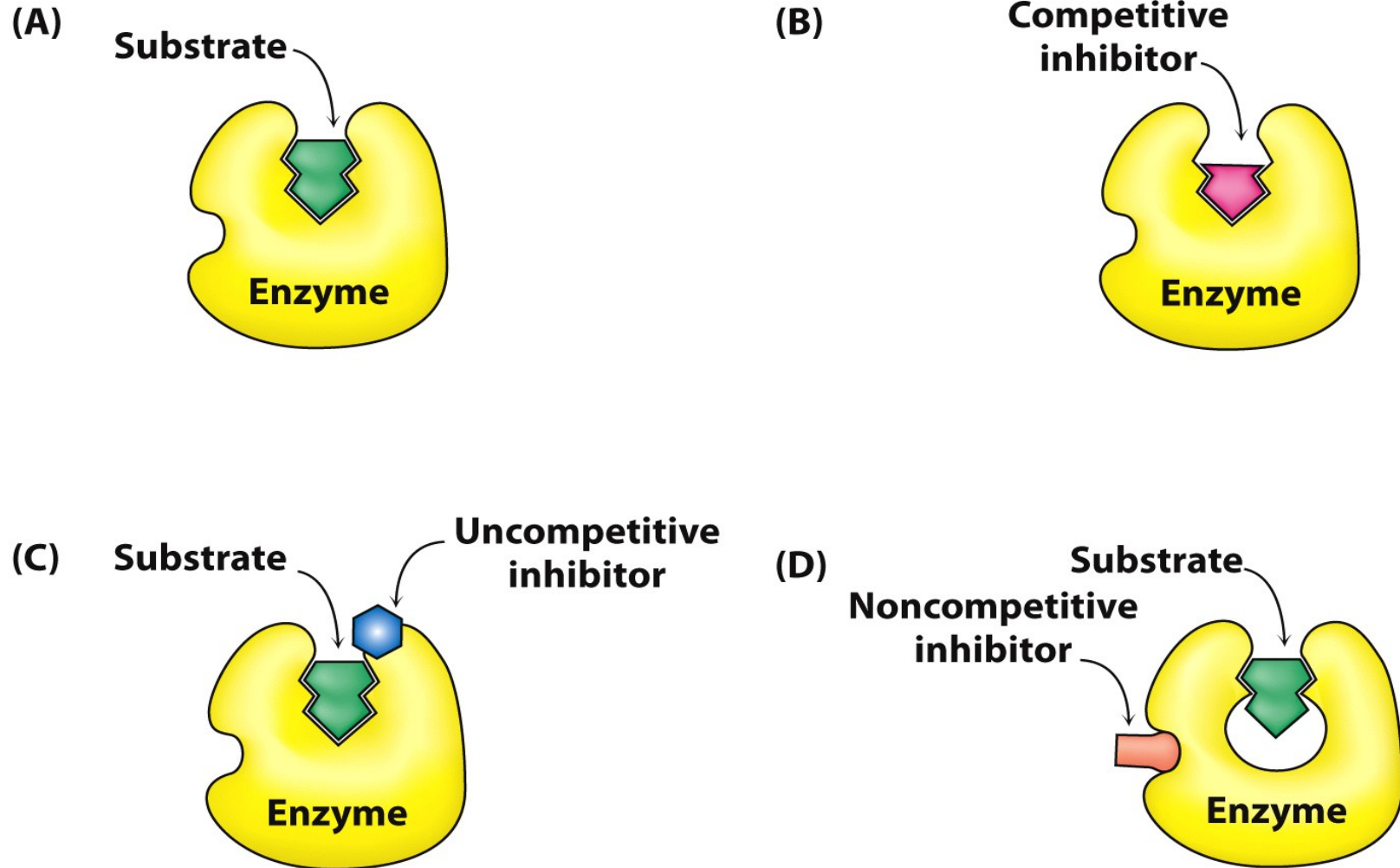
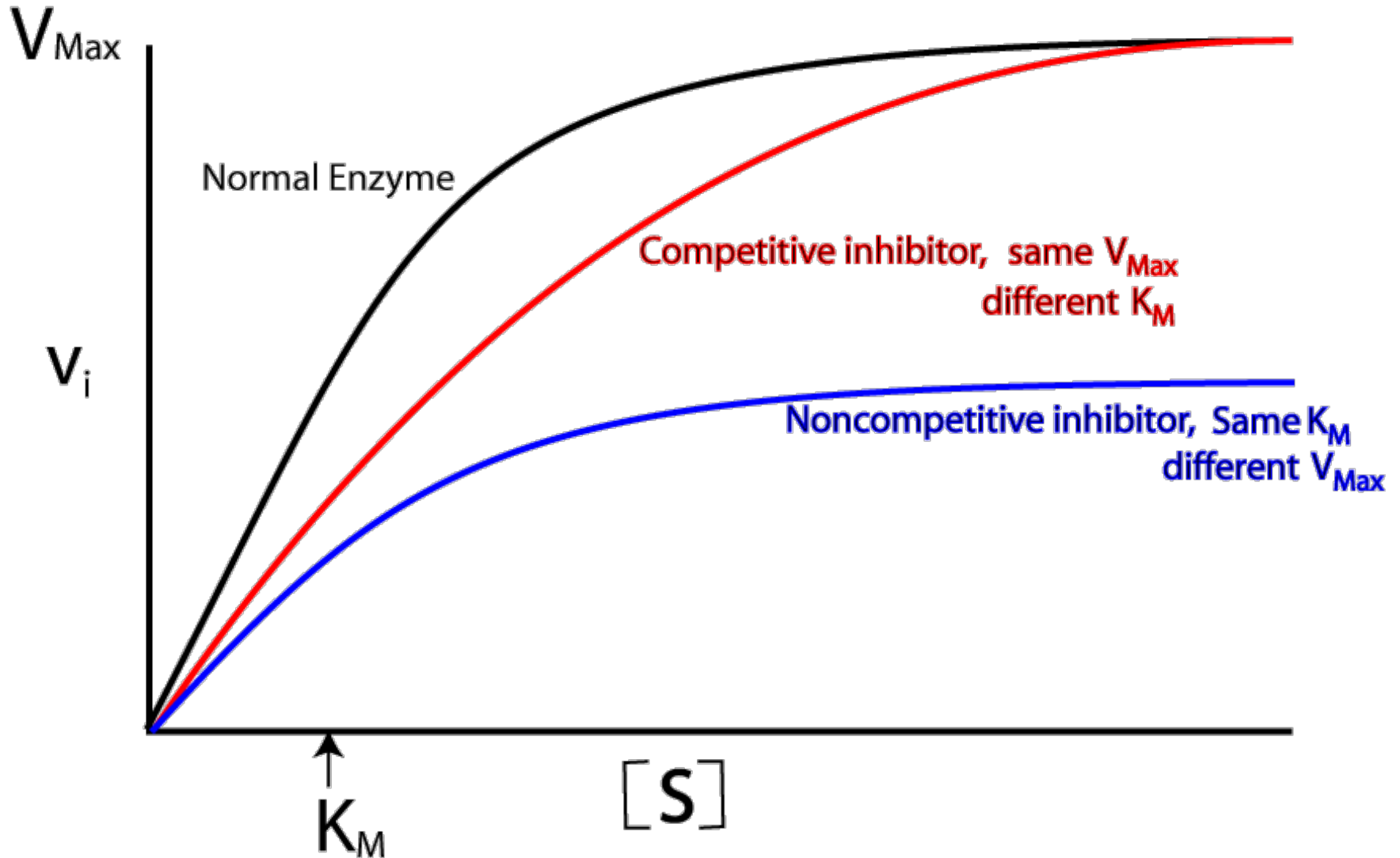


Figure 8.14
Biochemistry, Seventh Edition
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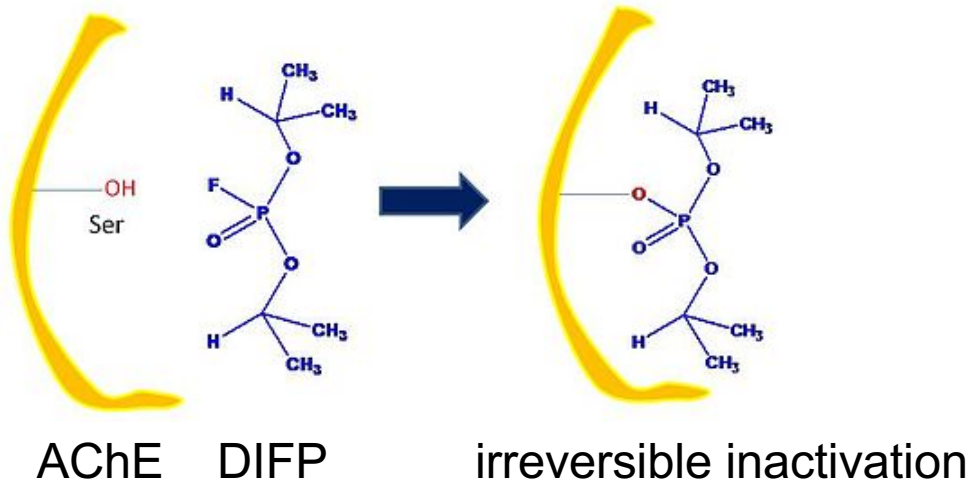
Inducers and Inhibitors

Inhibitors



Inducers and Inhibitors

- Suicide inhibition



AChE = Acetylcholinesterase
DIFP = Diisopropyl fluorophosphate

Grapefruit furanocoumarins:

CYP: 1A1, 1A2, 2A6, 2A13, 2B1, 2B4, 2B6, 2C9, 2C19, 2D6, 2E1, 3A4/5...

- Affects metabolism of many substances
- Furanocoumarins and other substances capable of suicide inhibition are present in other fruits and vegetables.



Cytochrome P450 Superfamily

Superfamily of heme-thiolate proteins
(monooxygenase system)

- originally viewed as a single non-selective enzyme
- Associated with the (smooth) endoplasmic reticulum of hepatocytes



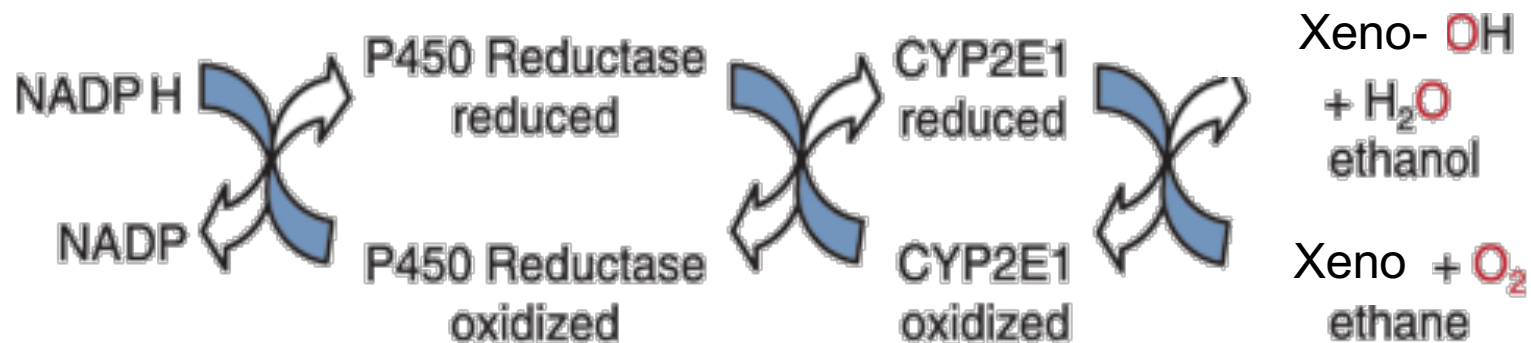
Cytochrome P450 Superfamily

Superfamily of heme-thiolate proteins

- widely distributed in animals, bacteria, fungi, plants, protists, viruses
- more than >2700 P450 sequences identified
- microsomal, mitochondrial, bacterial



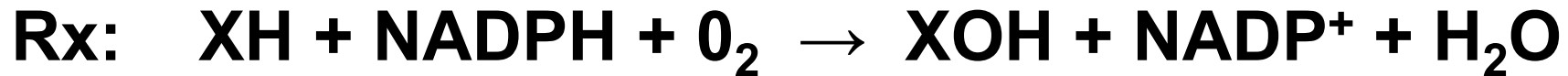
Cytochrome P450 Superfamily



CYPs are expressed in many tissues:

- liver, intestine, brain, kidney, placenta, lung, adrenal gland, pancreas, skin, mammary gland, uterus, ovary, testes and prostate
- Low expression in extrahepatic tissues
- Expression can be induced and up-regulated
- Basal expression and up-regulation in extrahepatic tissues can affect local disposition and toxicity

Cytochrome P450 Superfamily

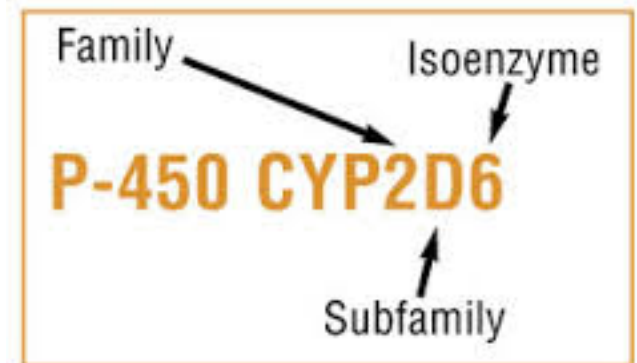


- **Human:**

- 18 families, 43 subfamilies, polymorphic
- 57 putatively functional genes
 - ~ half involved in drug and other xenobiotic metabolism
- 58 pseudogenes

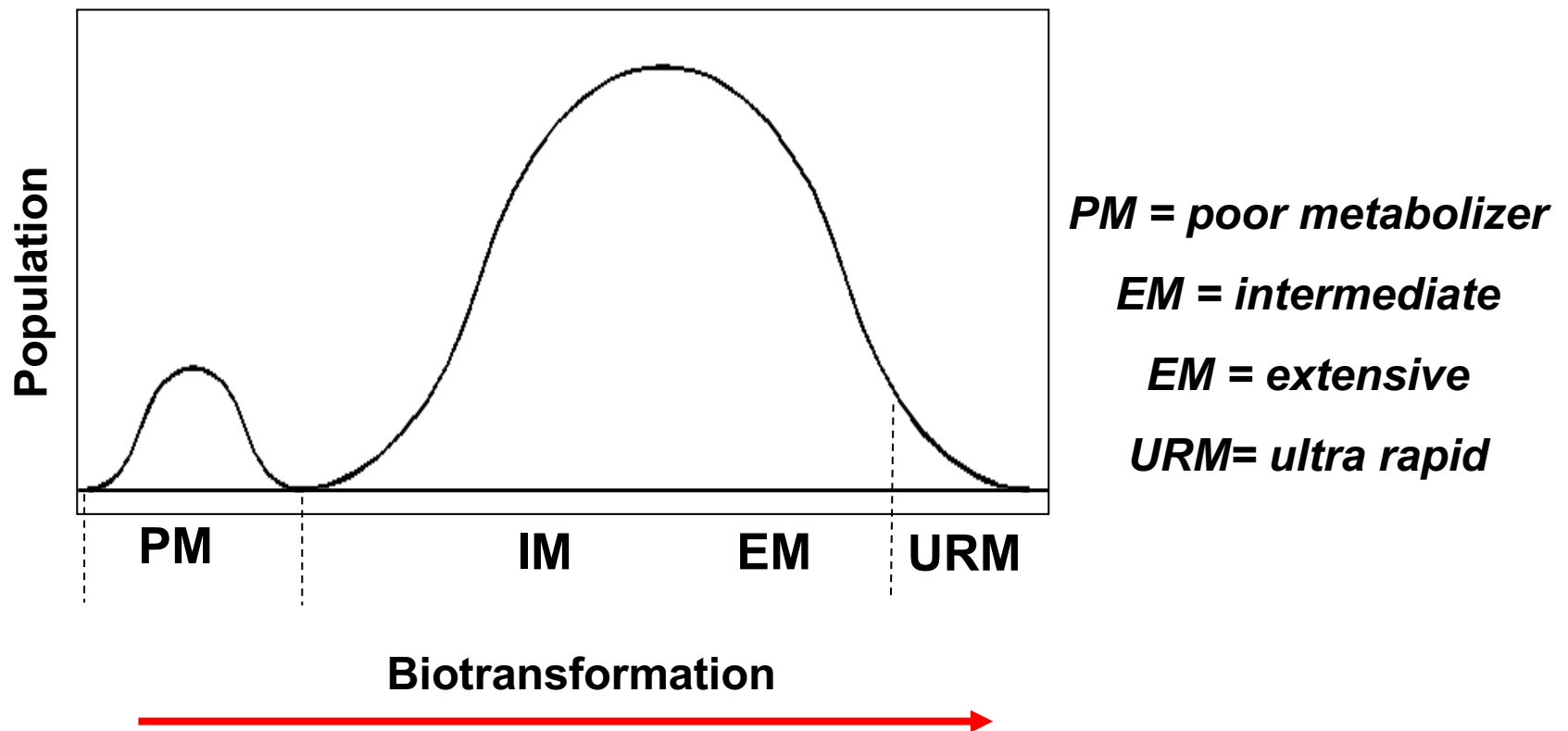
- **Mouse:**

- 102 putatively functional genes
- 88 pseudogenes



Cytochrome P450 Superfamily

- Individual variability – *polymorphic distribution*
 - A trait that demonstrates a different distribution in >1% of the population



Cytochrome P450 Superfamily

Nomenclature

- Human Cytochrome P450 (CYP) Allele Nomenclature Committee (Pharmacogenetics 10:91-93, 2000)
 - Family > 40% identical (CYP1, the number),
 - Subfamily > 55% identical (CYP1A, the letter)
 - <http://www.cypalleles.ki.se/>
- The **gene** and **allele** is separated by an asterisk followed by Arabic numerals and upper-case Roman letters (**CYP2D6*1**)
- Wild type allele, sequence of the first alleles sequenced (***1A**)
- Protein name has a period between gene product and number (**CYP2D6.1A**).

Cytochrome P450 Superfamily

Specificity

Family	Substrates	Sub-families	Genes	Pseudo genes
1	Xenobiotics	3	3	1
2	Xenobiotics & steroids	13	16	16
3	Xenobiotics	1	4	3
4	Fatty acids, eicosanoids & xenobiotics	6	12?	10
5	Prostaglandin H2 (isomerization to thromboxane)	1	1 (5A1)	
7	Bile acids	2	2	

Cytochrome P450 Superfamily

Specificity (for reference)

8 – prostaglandin H2 isomerization to prostacyclin synthase (A1); bile acid biosynthesis (B1)

11, 17, 19, 21 – steroid biosynthesis

- 17A1 – hydroxylase for pregnenolone & progesterone (A1)
- 19A1 – aromatase forms estrogen from androstenedione
- 21A1 – hydroxylation of C21-methyl of progesterone

24 – vitamin D3 degradation; 24-OH (A1)

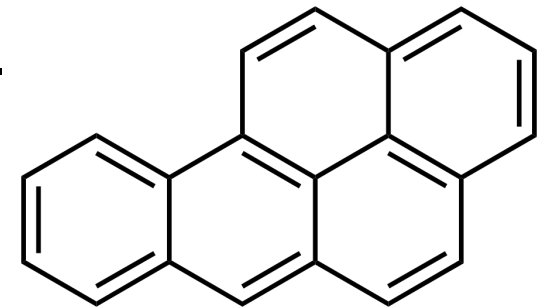
26 – retinoic acid hydroxylases

27 – cholesterol hydroxylation (A1); vitamin D3 activation (B1)

39, 46, 51 – cholesterol metabolism, steroid biosynthesis

CYP1 Family

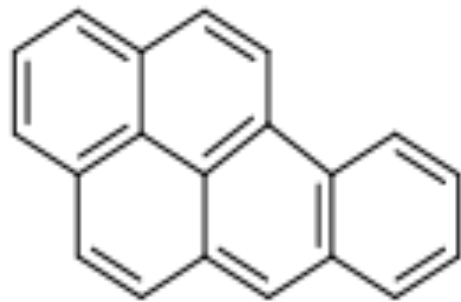
- No known endogenous substrates
 - inducible by some polycyclic aromatic hydrocarbons (PAH)
 - found in cigarette smoke and charred food
 - can activate compounds to carcinogens.



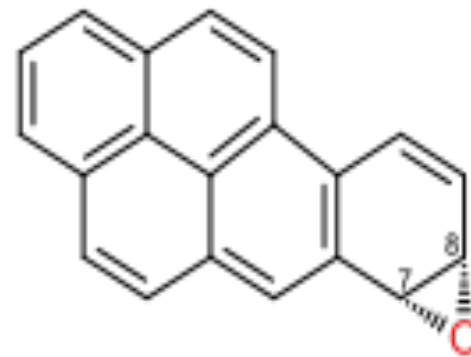
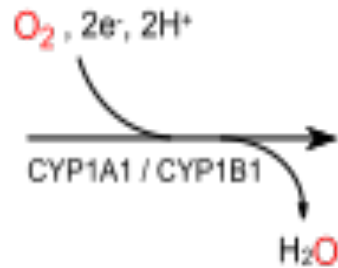
CYP1A1

- **Reaction:** major role in bioactivation of xenobiotics, activation of pro-carcinogens
- **Substrates:** polycyclic aromatic hydrocarbons (PAH), caffeine
- **Inducers:** PAH (e.g. benzo(a)pyrene), dioxins
- **Genotype – Phenotype:** trimodal distribution with 20% subjects being “high-induce” phenotype

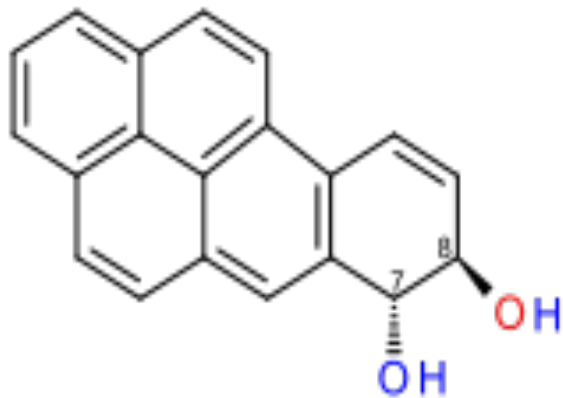
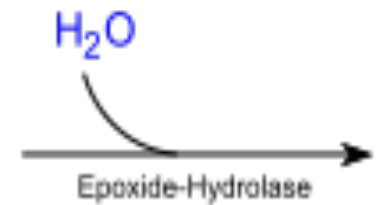
CYP1 Family



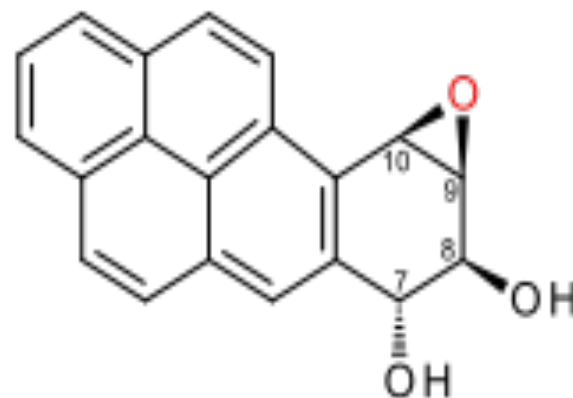
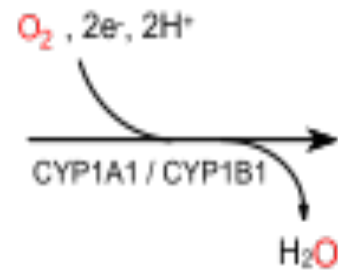
benzo[a]pyrene



(+)-benzo[a]pyrene-7,8-epoxide



(-)-benzo[a]pyrene-7,8-dihydrodiol



(+)-benzo[a]pyrene-7,8-dihydrodiol-9,10-epoxide

CYP1 Family

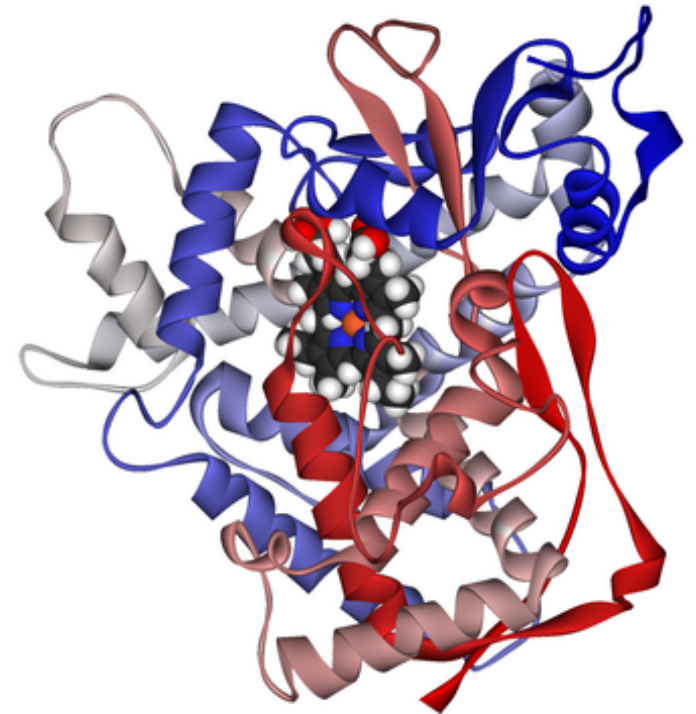
CYP1A2

- **Reaction:** oxidation of rigid and/or planar molecules of moderate volume and basicity
- **Substrates:** acetaminophen, caffeine
 - activation of pro-carcinogens: aflatoxin B1, aromatic and heterocyclic amines, nitroaromatics, naproxen, theophylline, verapamil, R-warfarin, clozapine
- **Genotype – Phenotype:** polymorphisms are rare
- **General:** expressed constitutively in liver, induced by brassica metabolites & charcoal grilled meat, inhibited by apiaceous metabolites

- High levels of CYP1A2 have been linked to an increased risk of colon cancer.

CYP2 Family

- Largest family in humans ~1/3 human P450s.
- Many can hydroxylate steroids, some expressed in a sex specific manner (as expected).
- CYP2C9, 2C19 and 2D6 mediate ~40% of the P450-mediated drug metabolism
 - Polymorphic: makes dosing problematic



Cytochrome P450, family 2, subfamily C, polypeptide 9

<http://www.rcsb.org/pdb/explre/explore.do?structureId=1CG2>

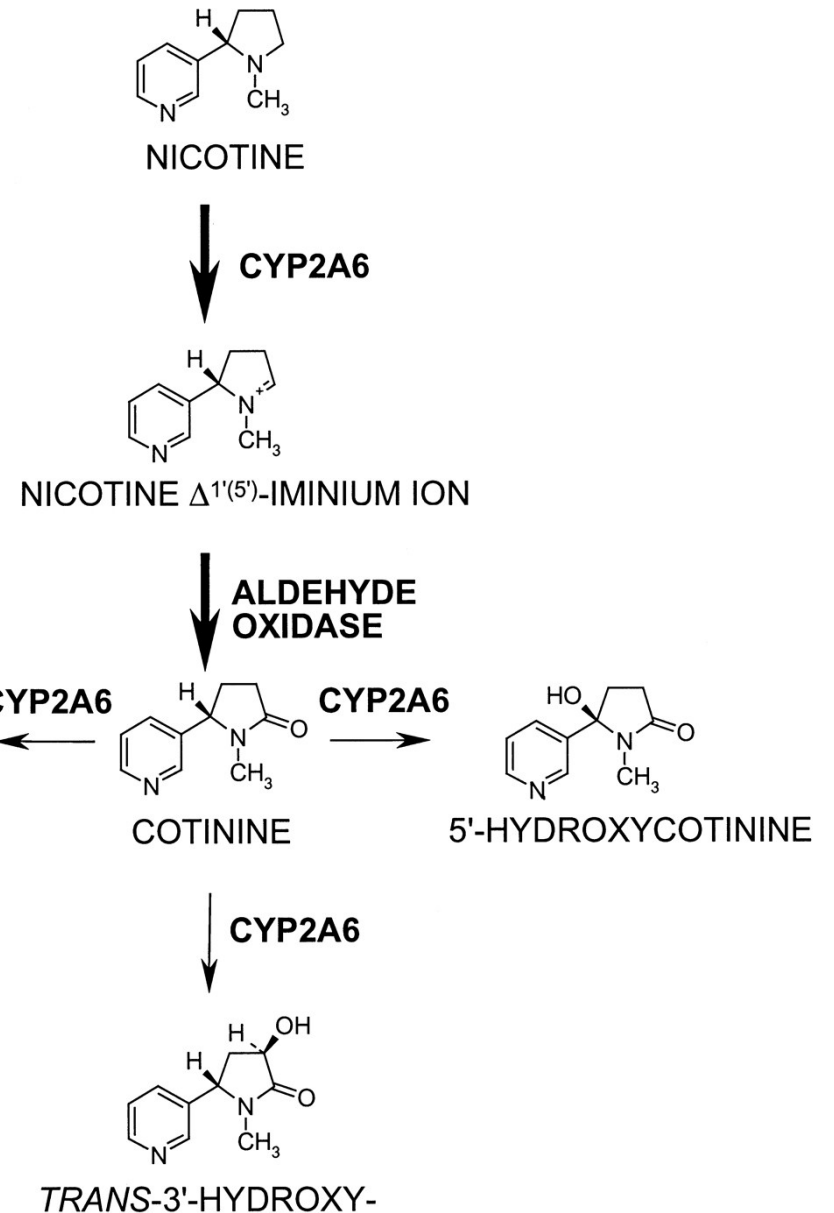
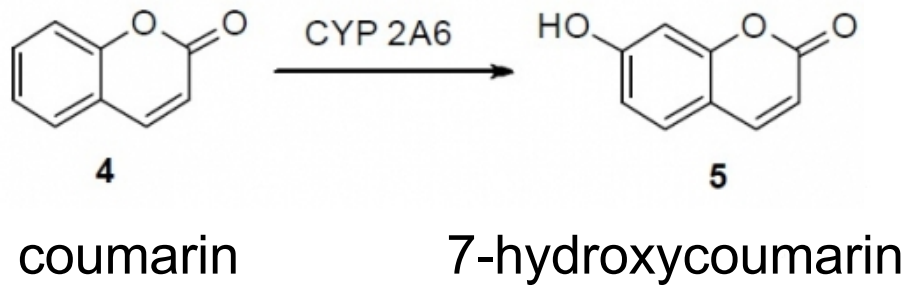
CYP2 Family

CYP2A6

- **Frequency – Population:** differs in Caucasian, Asian and black populations; most variants have absent or reduced activity
- **Substrates:** coumarin (also inhibitor), steroids, nicotine
- **Genotype – Phenotype:** liver, inducible; may modulate smoking

CYP2 Family

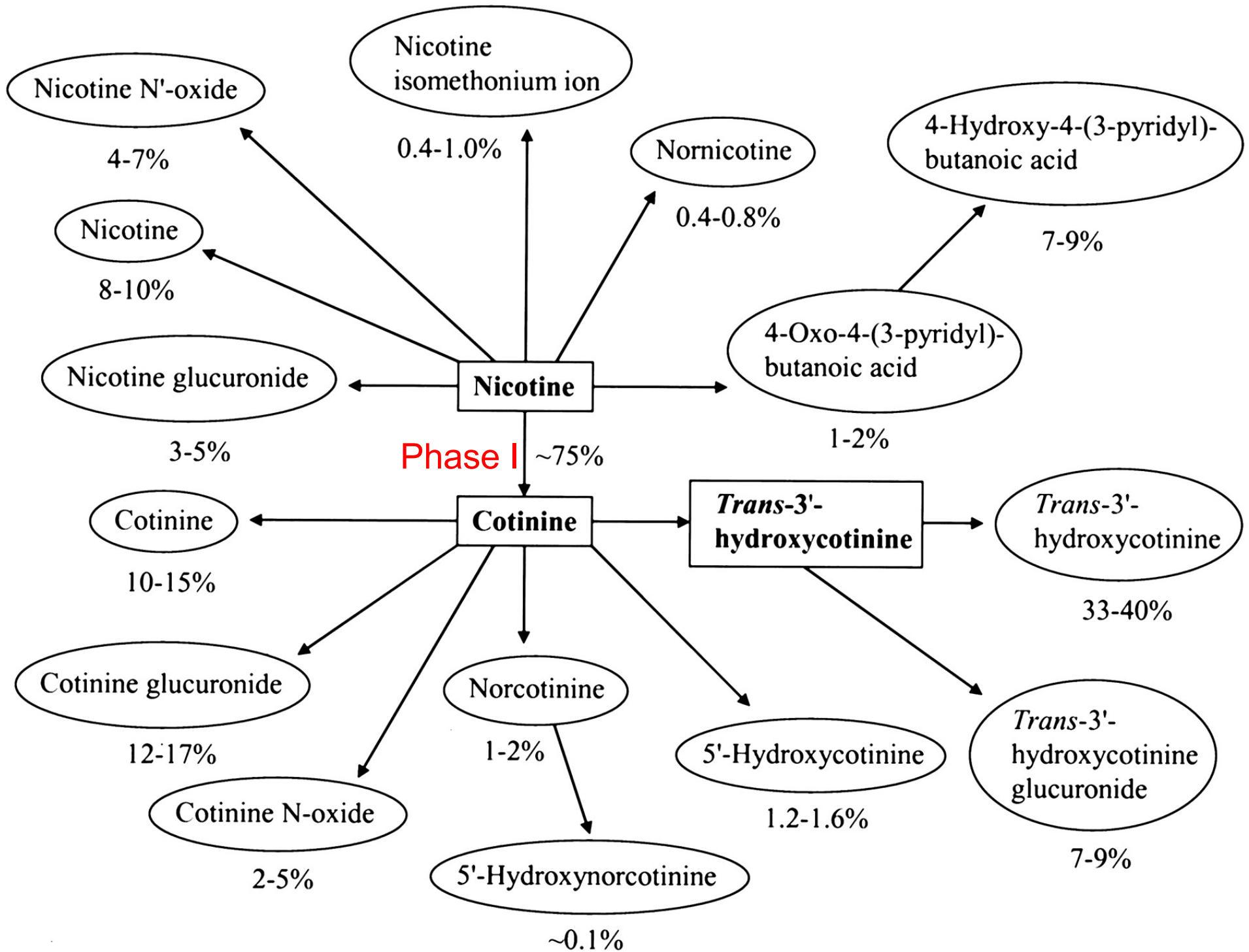
CYP2A6



CYP2 Family

CYP2B6

- **Reaction:** oxidation of angular, neutral or basic, medium-sized xenobiotics
- **Substrates:** cyclophosphamide, nicotine, nitrosamines, sertraline (Zoloft, inhibitor), induced by phenobarbital-type compounds
- **Genotype – Phenotype:** liver, heart; decreased activity in *5 & *7 (~14% of European pop.)



CYP2 Family

CYP2C subfamily

4 closely related human liver isozymes:

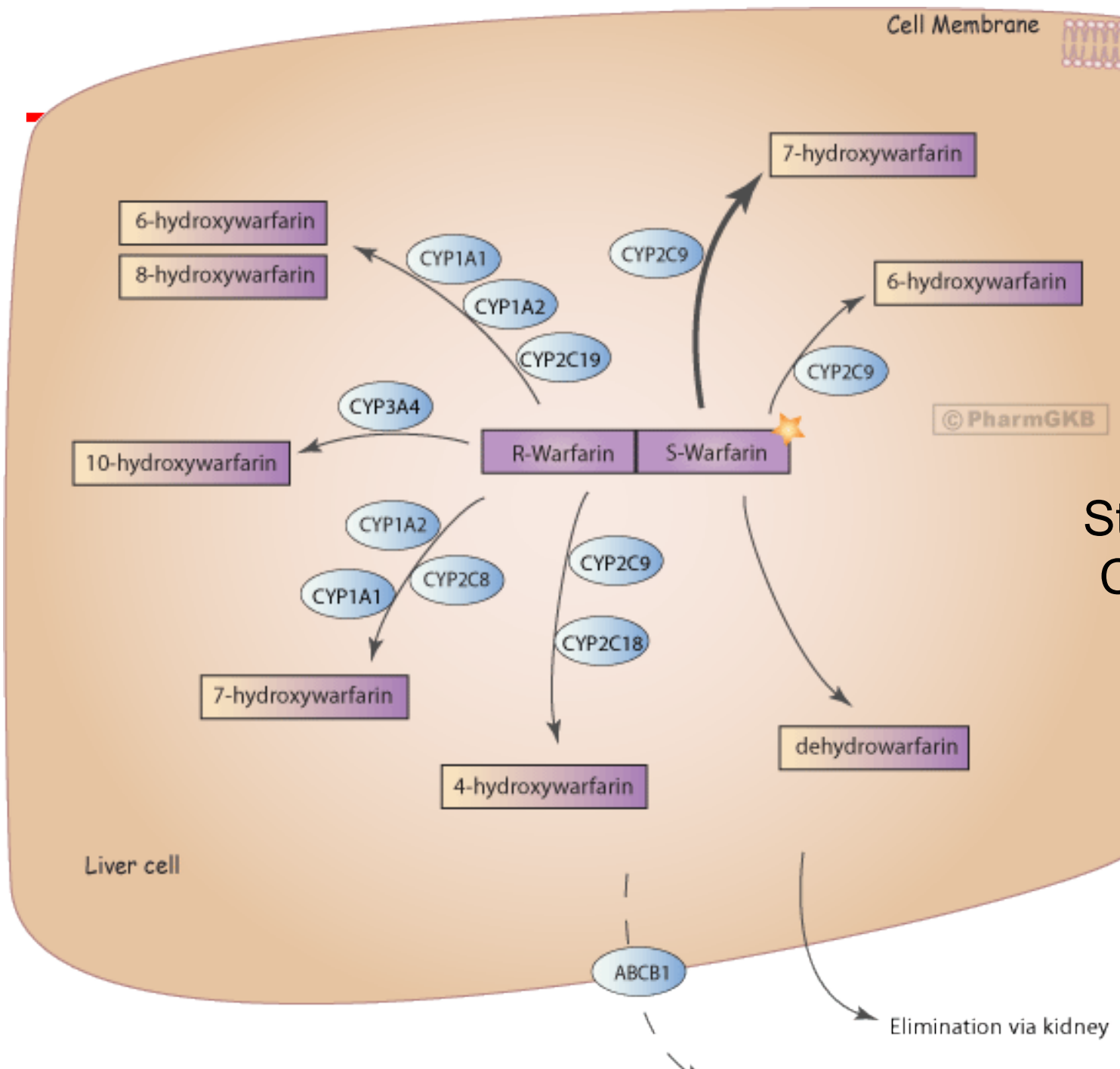
- 2C8 - *all-trans*-retinoic acid, paclitaxel, cerivastatin, rosiglitazone
- 2C9, 2C18, and 2C19 share some but not all substrates
 - do not always lead to the same preferred hydroxylation products
- Interact with areas rich in potential H-bonds;
 - N-, O-, S-dealkylation,
 - aliphatic & aromatic hydroxylation

CYP2 Family

CYP2C9

- **Reaction:** weakly anionic and lipophilic, stereoselective metabolism of (S)-warfarin
- **Frequency – Population:** differs in Caucasian, Asian and black populations, *2 >30% of N. Europeans
- **Substrates:** antipyrine, diclofenac, dronabinol (THC), glipizide, tolbutamide, ibuprofen, imipramine, losartan, phenytoin, stereoselective metabolism of (S)-warfarin, sulfaphenazole (selective inhibitor)
- **Genotype – Phenotype:** liver, differs little with 2C10 in structure and substrates, inducible

Warfarin



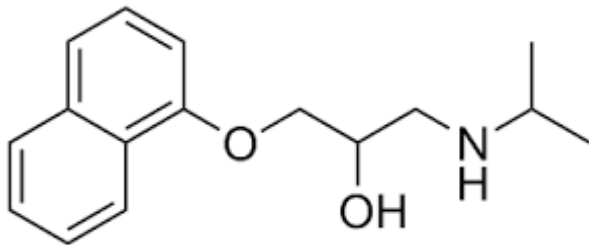
Stereoselective
CYP-mediated
oxidation

Elimination via kidney

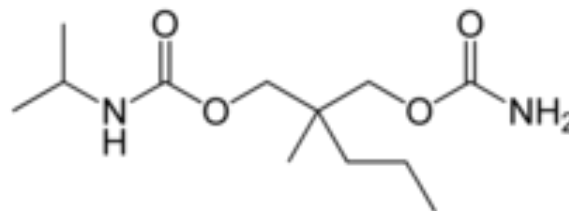
CYP2 Family

CYP2C19

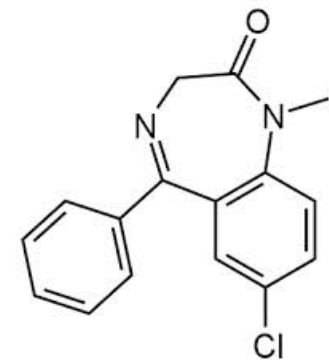
- **Reaction:** neutral or weakly basic, moderately lipophilic
- **Frequency:** frequency of poor metabolizers varies with genetic background
- **Substrates:** carisoprodol, diazepam, hexobarbital, omeprazole, clomipramine, propranolol, R-warfarin, ticlopidine (inhibitor)
- **Genotype – Phenotype:** liver, heart; inducible



propranolol



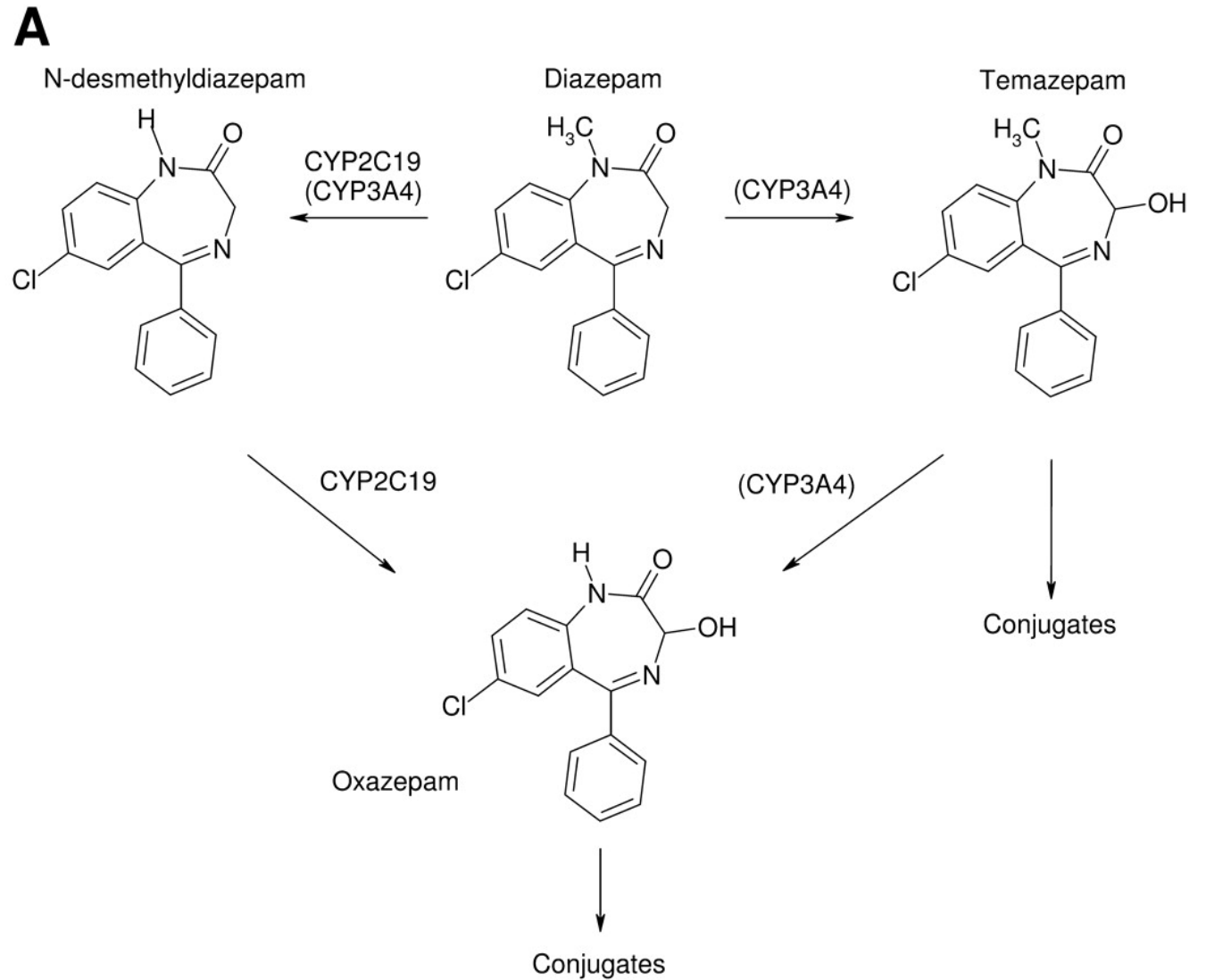
carisoprodol



diazepam

CYP2 Family

CYP2C19

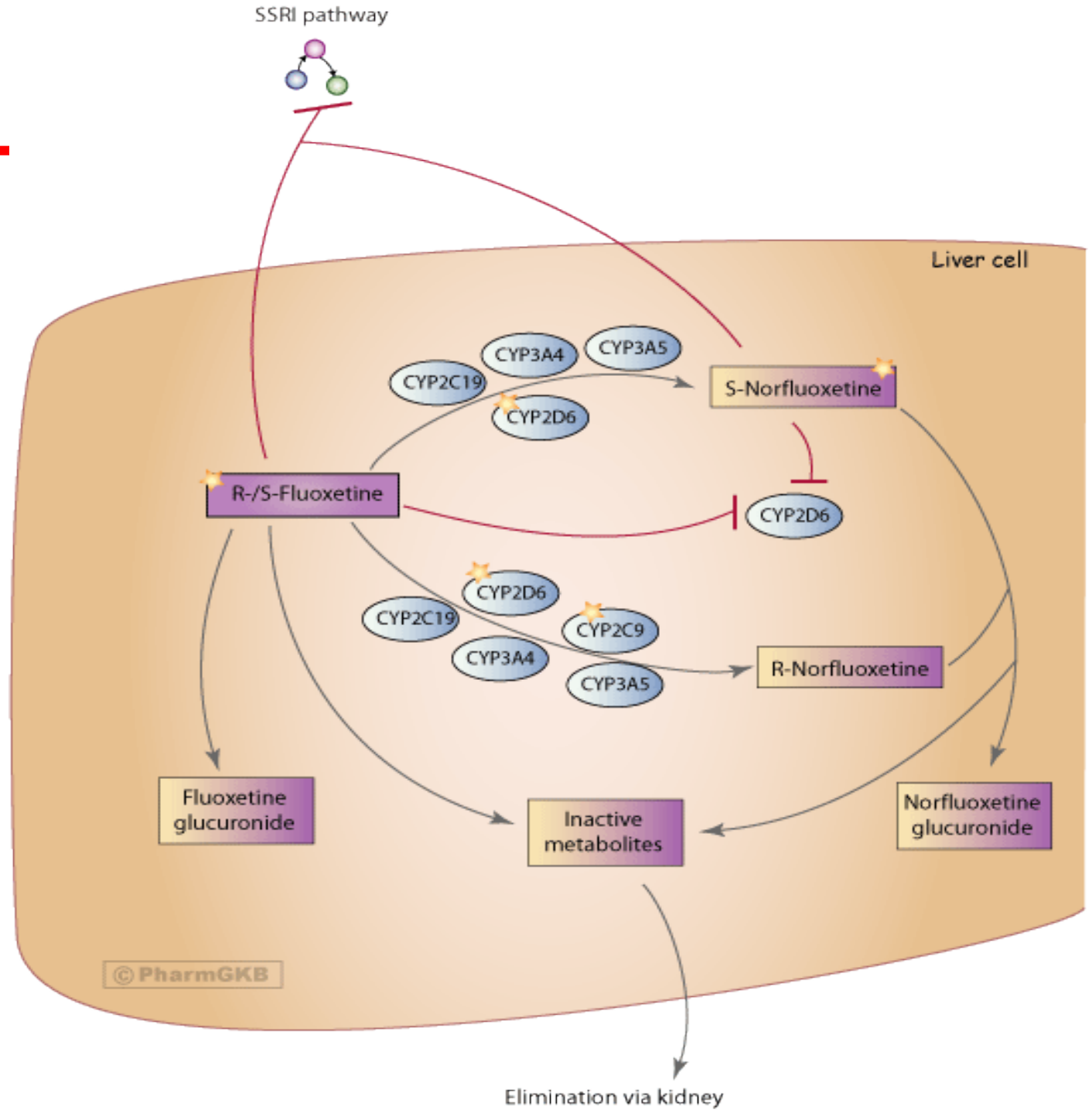


CYP2 Family

CYP2D6

- **Reaction:** oxidation of basic N-compounds, mostly hydrophilic
- **Frequency :** low frequency of PM and URM
- **Substrates:** antiarrhythmics (e.g. beta-blockers), most antidepressants (tricyclics & SSRIs) and antipsychotics (haloperidol), opioids (codeine *activation*), quinidine (inhibitor)
- **Genotype – Phenotype:** liver, brain, heart, ***NOT inducible***

CYP2D6



CYP2D6

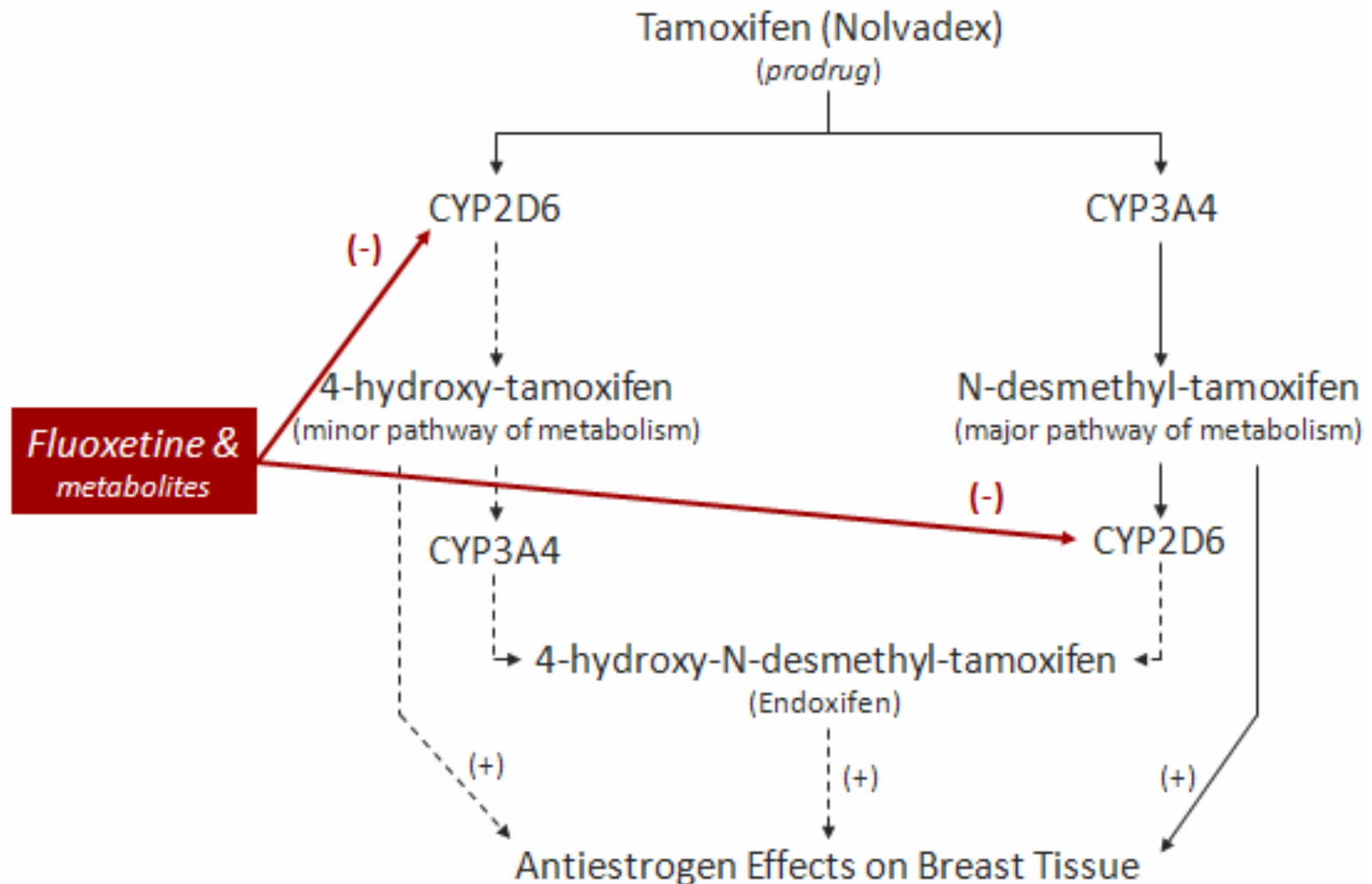


Figure 1. Drug interaction between fluoxetine and tamoxifen.

Dotted line indicates pathway that is decreased or inhibited.

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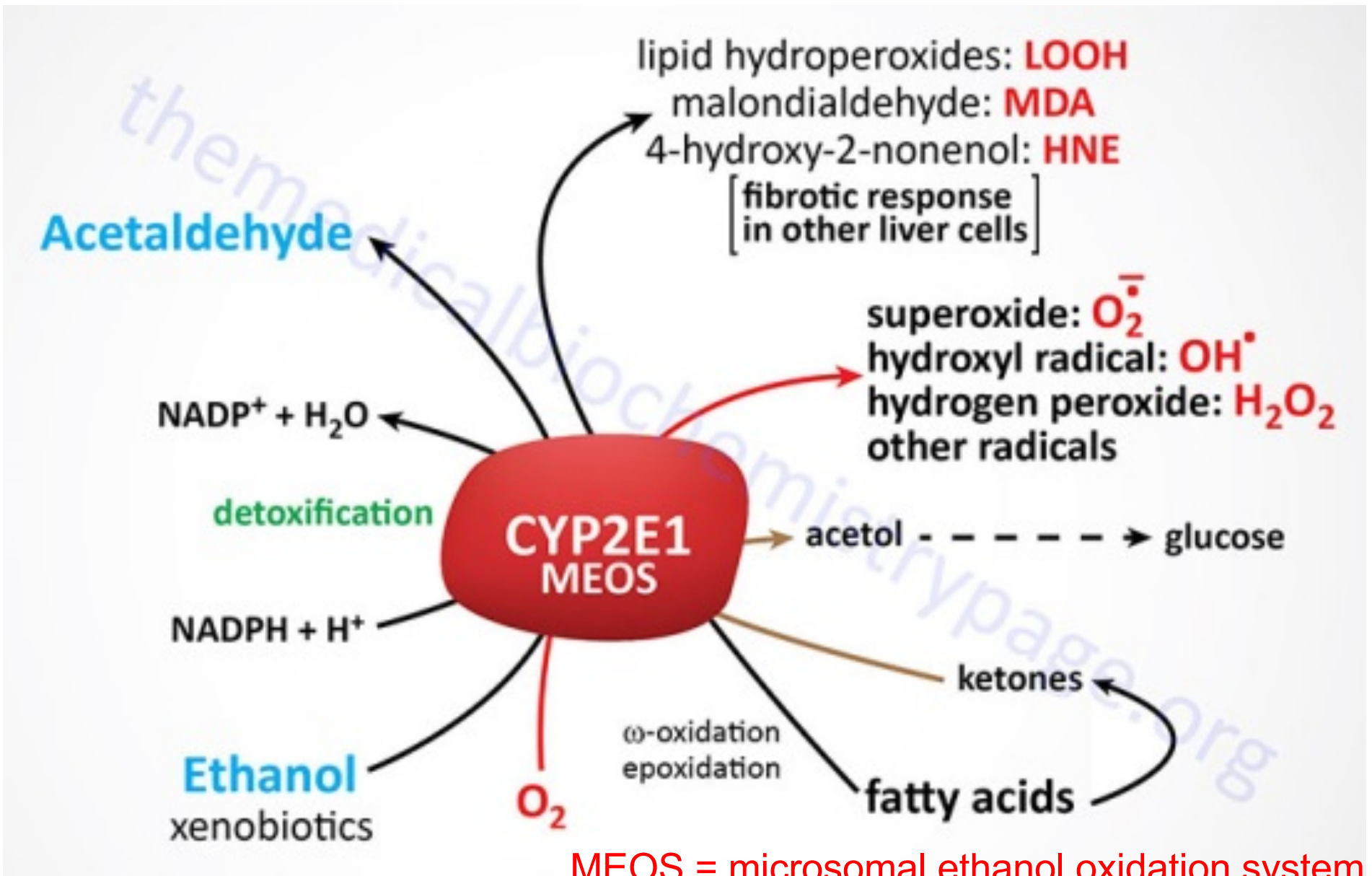
CYP2 Family

CYP2E1

- **Reaction:** relatively small, neutral, hydrophilic
- **Frequency:** low frequency of PM and URM genotypes
- **Substrates:** environmental toxicants and pro-carcinogens, acetaminophen, acetone, aniline, benzene, ethanol, halogenated HCOs, halothane, isoflurane (low molecular weight solvents). endogenous fatty acids and ketone bodies
- **Genotype – Phenotype:** tight homeostatic regulation, inducible, liver, bone marrow, brain, endothelium, heart, lung
 - inducible by acetone, EtOH, oxygen, and starvation
 - regulated by insulin, glucagon, growth hormone, leptin, and growth factors
 - possibly inhibited by garlic

Novak (2000) Arch Pharm Res. 23(4):267-82.

CYP2 Family



CYP3 Family

- 1 subfamily, 4 genes – A4, A5 , A7, A43
- Most abundant P450 liver form, levels vary considerably amongst individuals
- Broad substrate specificity
- Unique:
 - An observed decrease in metabolism of one position can lead to an increase in another
 - **switching** due to rotation within an active site.
 - easier for small molecules but even large molecules (e.g. testosterone) can rotate in CYP 3A4 to allow for metabolism at different positions

CYP3 Family

CYP3A4

- **Reaction:** ~40-70% of all drugs
- **Substrates:** taxol, testosterone and many, many others. No ideal probes, diltiazem and grapefruit furanocoumarins (inhibitors)
- **Genotype – Phenotype:** highly conserved but high **inter-individual variability**; brain, endothelium, GIT, liver, lung, lymphocytes, kidney, placenta, inducible; 60% variability may be under genetic control

CYP3 Family

CYP3A4

Table 1: CYP3A4 Inhibitors

Allopurinol	Clarithromycin	Fluconazole	Itraconazole	Ritonavir
Amiodarone	Cyclosporine	Fluoxetine	Ketoconazole	Saquinavir
Amprenavir	Darunavir	Fosamprenavir	Lapatinib	Tamoxifen
Aprepitant	Dasatinib	Grapefruit juice	Nefazodone	Verapamil
Atazanavir	Delavirdine	Imatinib	Nelfinavir	Voriconazole
Chloramphenicol	Diltiazem	Indinavir	Nifedipine	
Cimetidine	Erythromycin	Isoniazid	Posaconazole	

Source: References 1, 13, 18, 19.

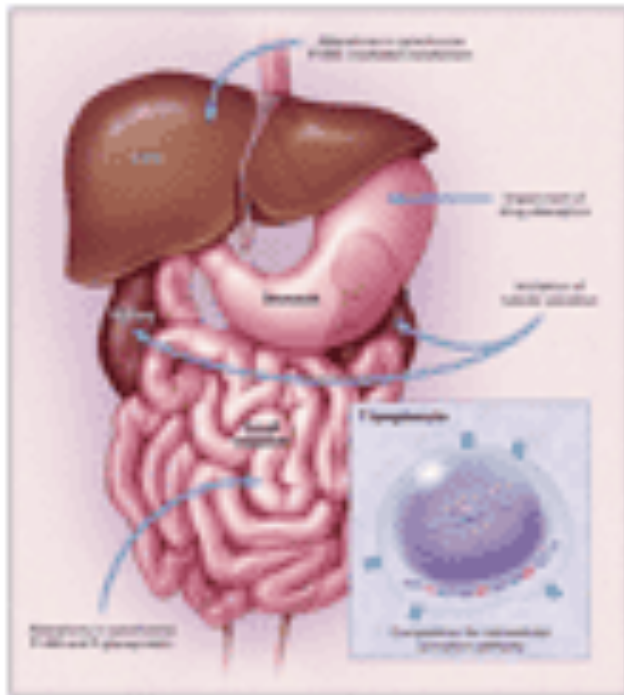
CYP3A4 Substrate Specificity

Kenworthy et al. Br. J. Clin Pharmacol. 448:716-727 (1999)

Comparison of 10 common **probes** used for *in vitro* investigations of 3A4 drug metabolism and potential drug-drug interactions:

- Evaluated the effects of 34 compounds on the metabolism of each of the 10 probes (substrates)
 - Determined Michaelis constant (K_m) and effects at inhibitor concentration of 30 μ M
 - cluster analysis (strongest to weakest):
 1. Erythromycin, cyclosporine, testosterone (terfenadine)
 2. Dextromethorphan, diazepam, midazolam, triazolam (terfenadine)
 3. Nifedipine
 4. Benzyloxyresorufin
- Probes from each group should be used for *in vitro* evaluation of 3A4-mediated drug interactions

CYP3A4 Catalytic Activity



- based on demethylation of erythromycin

	<u>nmol/min/mg</u>
Liver	2.8
Duodenum	1.6
Jejunum	1.1
Ileum	0.15

Total intestinal microsomal mass is ~3 gm relative to 79 gm in liver

CYP3 Family

CYP3A5

- **Reaction:** less significant than 3A4
- **Frequency:** highly polymorphic; *3 (PM 32-90% Blacks)
*1 (URP 9.2% Caucasians and 28%)
- **Substrates:** similar but not identical to 3A4
- **Genotype – Phenotype:** 88% homologous to 3A4, well expressed in intestine and foetal liver, ~20-25% adult livers depending on ancestry
- Expressed in adrenal glands, breast, kidney, lung, prostate, poorly in the remainder

CYP3 Family

CYP3A7

- **Reaction:** as before with some differences
- **Substrates:** similar to 3A4 and 3A5; 16 α -hydroxylation of dehydroepiandrosterone,
- **Genotype – Phenotype:** 88% homology with 3A4, foetal > adult liver reaction
 - mRNA in 50% of adult liver but expression of functional protein unconfirmed;
 - accounts for 50% of the expressed foetal liver P450

Intestinal P450 Distribution

Obach et al. Drug Metab Dispos. 2001; Paine et al. Drug Metab Dispos 34(5):880-6, 2006; Bergheim et al. Clin Pharmacol 5:4, 2005.

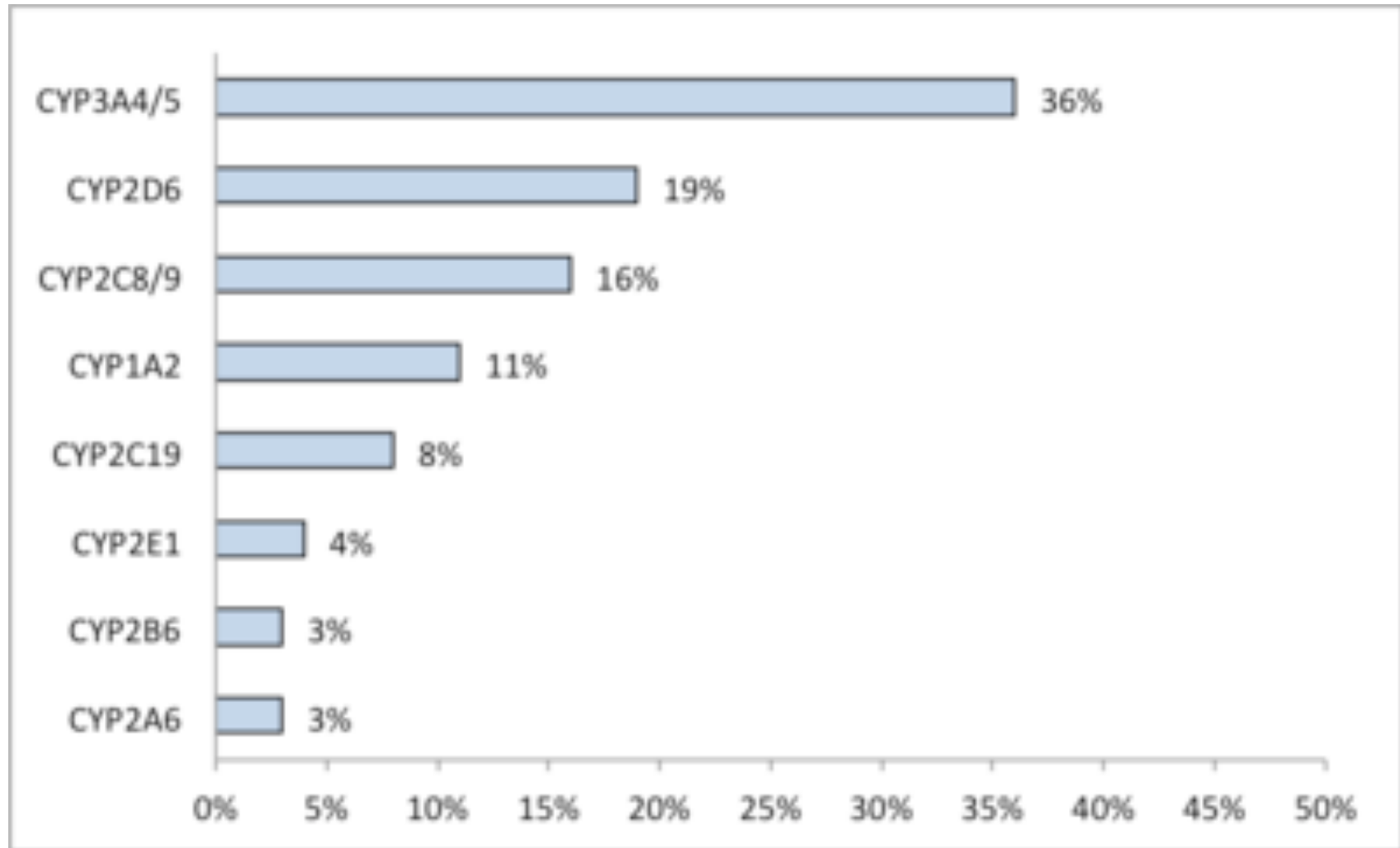
	pmol/mg	
3A4	8.8 – 150	(up to 80% of total)
3A5	4.9 – 25	(up to 50% of total 3A)
1A1	3.6 to 7.7	
2C9	2.9 – 27	[up to 15% of total]
2C19	<0.6 – 3.9	
2D6	<0.2 – 1.4	

CYP content variability

- Inter-individual differences range from:
 - 5-fold for CYP2C and 3A4 (up to 37x)
 - 12-fold for CYP2E1
 - 20-fold for CYP1A2
 - >50 fold for CYP 2A6, 2B6 and 2D6

CYP family selectivity

Proportion of antifungal drugs metabolized by different families of CYPs. [\[15\]](#)



Distribution and Elimination

