

EXCI 202

QUIZ #1

1- What movement is possible at the elbow?

Select one:

- A. Dorsiflexion
- B. Semiflexion
- C. Plantarflexion
- D. Supination

2- If you bring your toes toward you, the movement is called dorsiflexion.

Select one:

- True
- False

3- You need to turn your head to the right. What movement are you doing?

Select one:

- a. Flexion
- b. Extension
- c. Side flexion
- d. Rotation

4- Joe needs to speed up to get to class in time. What movement does he need to do at the ankle?

Select one:

- a. Abduction
- b. Adduction
- c. Plantarflexion
- d. Dorsiflexion

5- If you are waving, what movements are you doing?

Select one:

- a. Flexion and extension
- b. Abduction and adduction
- c. Ulnar and radial deviation
- d. Supination and pronation

Answers :

- 1- D
- 2- True
- 3- D
- 4- C
- 5- C