

## COURSE OUTLINE

### Psychology of Aging PSY3128 C

#### COURSE INFORMATION

|                       |   |
|-----------------------|---|
| Begins/Ends:          | January 7, 2013 / April 9 2013            |
| Class schedule:       | Monday 1- 2:30pm<br>Wednesday 11:30 – 1pm |
| Class Location:       | SCR 002                                   |
| Last Day to Withdraw: | March 15 <sup>th</sup>                    |

#### INSTRUCTOR INFORMATION

|                  |                     |
|------------------|---------------------|
| Instructor name: | Annie Robitaille    |
| Office Hours:    | By Appointment      |
| E-mail:          | arobitai@uottawa.ca |

|          |                     |
|----------|---------------------|
| TA :     | Dhrasti Shah        |
| E-mail : | dshah090@uottawa.ca |

#### OFFICIAL COURSE DESCRIPTION

Psychological processes of late adulthood. Sensory processes, attention, memory, learning, intelligence, personality, interpersonal relationships, coping strategies, mental health issues, depression, dementia, interventions of the clinical psychologist.

#### ASSESSMENT METHODS

**Mid-term exam (35%):** The mid-term exam will be held February 13<sup>th</sup>. The mid-term exam will cover all the material covered in class and the readings. The mid-term exam will include several multiple-choice items and a few short answers.

**At-home written assignment (30%):** The assignment is due March 11<sup>th</sup>. Each student is asked to propose and describe a program aimed at maximizing cognitive functioning throughout later adulthood. For example, what are the proposed activities, what is the evidence so far about the

impact of these activities, what are the anticipated impacts. The assignment should be 8-10 pages double spaced (12-pt Times New Roman) and include at least 4 references. The header should include the name of the student, ID number, and page number.

**Final exam (35%):** The final exam will be held during the exam period. The final exam is not cumulative. It will cover all the material covered in class and the readings assigned during the second half of the course. The final exam will include several multiple-choice items and a few short answers.

## CLASS SCHEDULE

| Date                   | Themes/Material Covered                            |
|------------------------|--|
| Jan 7 <sup>th</sup>    | Introduction to Course                             |
| Jan 9 <sup>th</sup>    | Themes and Issues in Aging                         |
| Jan 14 <sup>th</sup>   | Methodological Issues in Aging                     |
| Jan 16 <sup>th</sup>   | Research Methods                                   |
| Jan 21 <sup>st</sup>   | Physical Changes / Sensation and perception        |
| Jan 23 <sup>rd</sup>   | Information processing & Attention                 |
| Jan 28 <sup>th</sup>   | Memory   |
| Jan 30 <sup>th</sup>   | Cognitive Interventions                            |
| Feb 4 <sup>th</sup>    | Language   |
| Feb 6 <sup>th</sup>    | Problem solving and Intelligence                   |
| Feb 11 <sup>th</sup>   | Midterm review                                     |
| Feb 13 <sup>th</sup>   | <b>Midterm exam</b>                                |
| Feb 18 <sup>th</sup>   | Reading week                                       |
| Feb 20 <sup>th</sup>   | Reading week                                       |
| Feb 25 <sup>th</sup>   | Personality  |
| Feb 27 <sup>th</sup>   | Relationships                                      |
| March 4 <sup>th</sup>  | Relationships                                      |
| March 6 <sup>th</sup>  | Emotional experience in later life                 |
| March 11 <sup>th</sup> | Mental health - <b>Take-home assignment is due</b> |
| March 13 <sup>th</sup> | Depression & suicide                               |
| March 18 <sup>th</sup> | Clinical Interventions for older adults            |
| March 20 <sup>th</sup> | Alzheimer's disease and dementia                   |
| March 25 <sup>th</sup> | Work, leisure & retirement                         |
| March 27 <sup>th</sup> | Dying & bereavement                                |
| April 1 <sup>st</sup>  | Easter break                                       |
| April 3 <sup>rd</sup>  | Successful aging                                   |
| April 8 <sup>th</sup>  | Final exam review                                  |

## REQUIRED READINGS

No textbook is required for this course. Instead articles related to each topic will be assigned for each week. The list of articles assigned for each topic will be handed out the first day of class.

## SUGGESTED READING

Whitbourne, S.K. & Whitbourne, S.B. (2011). *Adult Development & Aging*. Biopsychosocial Perspective. (4<sup>th</sup> Ed). Hoboken, NJ: Wiley.

Schaie K.W. & Willis, S.L. (2011). *Handbook of the Psychology of Aging*. (7<sup>th</sup> Ed). San Diego, CA: Elsevier.

Hofer, S.M. & Alwin, D.F. (2008). *Handbook of Cognitive Aging*. Interdisciplinary Perspective. Sage Publication.

## GRADING SYSTEM

|                    |     |
|--------------------|-----|
| 90% - 100%         | A+  |
| 85% - 89%          | A   |
| 80% - 84%          | A-  |
| 75% - 79%          | B+  |
| 70% - 74%          | B   |
| 65% - 69%          | C+  |
| 60% - 64%          | C   |
| 55% - 59%          | D+  |
| 50% - 54%          | D   |
| 40% - 49%          | E   |
| 0% - 39%           | F   |
| Absent             | ABS |
| Failure/Incomplete | EIN |

## JUSTIFICATION OF ABSENCE FROM AN EXAMINATION OR OF LATE SUBMISSION OF ASSIGNMENT

Absence from any examination or test, or late submission of assignments due to illness, psychological problems or exceptional personal circumstances must be justified; otherwise, students will be penalized.

## FREE SERVICES FOR STUDENTS

- The Mentoring Centre - <http://www.socialsciences.uottawa.ca/mentor/eng/index.asp>
- The Student Academic Success Service (SASS) - <http://www.sass.uottawa.ca/welcome.php>
- Academic Writing Help Center (AWHC/CARTU) - <http://www.sass.uottawa.ca/writing/>
- The Access Service - <http://www.sass.uottawa.ca/access/>

## **REGULATION ON ACADEMIC FRAUD**

### **Definition**

1. Academic fraud is an act by a student that may result in a false academic evaluation of that student or of another student. Without limiting the generality of this definition, academic fraud occurs when a student commits any of the following offences:

- a) commits plagiarism or cheating of any kind (to obtain more information on plagiarism and how to avoid it, consult our Web site at [www.uottawa.ca/plagiarism.pdf](http://www.uottawa.ca/plagiarism.pdf));
- b) submits a work of which the student is not the author, in whole or in part – except for duly cited quotations or references. Such work may include an academic paper, an essay, a test, an exam, a research report, a thesis, whether written, oral, or in another form;
- c) presents research data that has been falsified or concocted in any way;
- d) attributes a purported statement of fact or reference to a source that has been concocted;
- e) submits the same work or significant part thereof for more than one course, or a thesis or other work that has already been submitted elsewhere, without written authorization from the professors concerned and/or of the academic unit concerned;
- f) falsifies an academic evaluation, misrepresents an academic evaluation, uses a forged or falsified academic record or supporting document, or facilitates the use of a falsified academic record or supporting document;
- g) undertakes any other action for the purpose of falsifying an academic evaluation.

### **Sanctions**

2. A student who has committed or attempted to commit academic fraud, or who has been a party to academic fraud, is subject to one or more of the following sanctions:

- a) a written reprimand;
- b) the mark of F or zero for part of the work concerned;
- c) the mark of F or zero for the work concerned;
- d) the mark of F or zero for the work concerned and the loss of additional marks for the course concerned;
- e) the mark of F or zero for the work concerned, with no more than the passing grade as a final mark for the course concerned;
- f) the mark of F or zero for the course concerned;
- g) the loss of all or part of the credits for the academic year concerned (the courses for which credits were withdrawn remain in the student's file – they are included in the grade point average and must be repeated or replaced by other courses at the discretion of the Faculty);
- h) an additional requirement of 3 to 30 credits added to the student's program of studies (additional credit requirements that are added to the student's program of studies as part of an academic fraud sanction will also apply to any subsequent program of the same level in which the student registers);
- i) the loss of any opportunity to receive a scholarship from the Faculty for one year;
- j) the loss of any opportunity to receive a scholarship from the Faculty until graduation;
- k) suspension from the program or from the Faculty, for at least one session and at most three academic years;

- l) expulsion from the Faculty;
- m) the loss of any opportunity to receive a scholarship from the University of Ottawa for one year;
- n) the loss of any opportunity to receive a scholarship from the University of Ottawa until graduation;
- o) expulsion from the University of Ottawa for at least three years, it being understood that three years after being expelled, the student concerned may ask the Senate Appeals Committee to review his or her case, with the possibility, where applicable, of having the notice of expulsion withdrawn from the student's transcript – if the student reapplies for admission, the regular admission process shall apply;
- p) cancellation or revocation of a degree, diploma or certificate where the offence relates to the eligibility to receive such degree, diploma or certificate, and which was discovered or determined after its award;
- q) inclusion of the following statement in the student's academic transcript: "Sanction pursuant to contravention of the University regulation on fraud."

**\*\*\*Please note that course outline is subject to change.**